Notting Hill Editions
Catalogue
July 2022–June 2023
Notting Hill Editions is an independent British publisher. The company was founded by Tom Kremer (1930-2017), champion of innovation and the man responsible for popularising the Rubik’s Cube.

After a successful business career in toy invention Tom decided, at the age of eighty, to fulfil his passion for literature. In a fast-moving digital world Tom’s aim was to revive the art of the essay, and to create exceptionally beautiful books that would be lingered over and cherished.

Hailed as ‘the shape of things to come’, the family-run press brings to print the most surprising thinkers of past and present. In an era of information-overload, these collectible pocket-sized books distil ideas that linger in the mind.
THUS SPAKE ZARATHUSTRA
Friedrich Nietzsche, Translated by Michael Hulse
Introduced by Joanna Kavenna
A Paperback Original

A new translation of a seminal work by poet and acclaimed translator of W.G. Sebald, Goethe, Rilke, Herta Müller and Elfriede Jelinek.

In Thus Spake Zarathustra, Nietzsche’s infamous protagonist sets off on a grand and noble quest to find meaning in a secular world and to live joyfully alongside the knowledge of death. Radical, uncategorisable, contradictory and often humorous, this new translation – the first in English by a poet – is a grand celebration of human existence by one of the most influential thinkers of the past two centuries.

Michael Hulse has won numerous awards for his poetry and his translations have been shortlisted for every major translation award.

Joanna Kavenna is the author of several works of fiction and non-fiction including The Ice Museum, The Birth of Love and Zed.

Categories: Philosophy/Poetry
Publication date: September 16, 2022
Pages: 336

RRP: £12.99
Format: 216 x 138mm; paperback
ISBN: 978-1-910749-25-8

TINY FEET: A Treasury for Parents
Introduced by Lauren Child

Children are a wonder, a blessing, a miracle, and everyone has an opinion on how we should raise them. From novelists to paediatricians; from modern parenting ‘experts’ to child psychologists; from debunked academics to 1950s ‘agony aunts’, Tiny Feet is the first anthology of its kind, showcasing a range of the most influential writing about children over the past three-hundred years. Published chronologically, the extracts featured in this delightful compendium show the extent to which some of our attitudes have changed while others remain absolute, and remind us of the joy that children have always brought to our lives.

Contributors include: Bruno Bettelheim, Erik H. Erikson, Good Housekeeping (1913), Donald Winnicott, Jean-Jacques Rousseau, Isabella Beeton, Charles Darwin, Maria Montessori, Benjamin Spock, Toni Morrison and Bernardine Evaristo.


Categories: Popular Psychology/Literary Anthology/Gift
Publication date: November 1, 2022
Pages: 192

RRP: £14.99
CARY GRANT’S SUIT: Nine Movies That Made Me the Wreck I Am Today
Todd McEwen

‘Todd McEwen not only has a black belt in comedy, he can turn a phrase on two wheels and blow diamond dust out of the exhaust pipe.’ Tom Robbins.

Todd McEwen grew up in Southern California, so his head was hopelessly messed with by the movies. As the son of relatively NORMAL PEOPLE, Todd had no in with Hollywood, a mere thirteen miles away, yearn and try as he might. This is a kid who loved the movies so much, he got up at 4.30 in the morning to watch Laurel and Hardy. A kid who insisted on his birthday that his father project 8mm cartoons onto the family’s dining room curtains so they could be slowly parted, just like at a real cinema. This is a kid who liked to leave the movie and trudge up hundreds of dangerous iron steps to visit the lugubrious and always surprised projectionist. This is a kid who, years later, watched Chinatown over sixty times. A love letter to old Hollywood, this is a book for anyone interested in film.

Todd McEwen’s novels include Fisher’s Hornpipe, McX: A Romance of the Dour, Who Sleeps with Katz, and The Five Simple Machines.

Categories: Humour/Memoir/Film
Publication date: February 28, 2022
Pages: 168
RRP: £14.99
ISBN Hardback: 978-1-912559-40-4

FASHION: A Manifesto
Anouchka Grose

Fashion: A Manifesto takes a look at the psychology of fashion in order to unpick the hold it has on so many of us. On the one hand clothes can help you out with embodied life by concealing the bits you feel ashamed of and accentuating the bits you’re proud of. But like gambling, fashion keeps us captivated by treating us badly, trapping us in a cycle of promises and dashed hopes by suggesting that new clothes will help us to like ourselves more. And while it’s easy to dismiss fashion as elitist and wasteful, isn’t it also fascinating, exciting and perhaps sometimes even radical – not to mention surprisingly egalitarian? Taking us on a journey from the court of Louis XIV to TikTok’s avant apocalypse, Fashion: A Manifesto scrutinises fashion to open up questions about the ways in which it works both for and against us.

Anouchka Grose is a psychoanalyst and writer and a member of The Centre for Freudian Research, where she regularly lectures. Her non-fiction books include No More Silly Love Songs and A Guide to Eco-Anxiety. She is also extremely fashionable.

Categories: Popular Psychology/Popular History/Fashion
Publication date: April 4, 2023
Pages: 168
RRP: £14.99
**BRAINSPOTTING**
**ADVENTURES IN NEUROLOGY**
A. J. Lees

**Brainspotting (noun): a powerful, and simultaneous, form of diagnosis and treatment.**

As a trainee doctor, Andrew Lees was enthralled by neurologists who combined the precision of mathematicians, the scrupulosity of entomologists and the solemnity of undertakers in their diagnoses and treatments. Today, this kind of ‘holistic neurology’ is on the brink of extinction. In this brilliant new book, Andrew Lees takes us on a kind of Sherlock Holmes tour of neurology, giving the reader insight into the deep analytical tools that the best neurologists still rely on to diagnose patients: to heal minds and to fix brains.

**Dr Andrew Lees** is a Professor of Neurology at the National Hospital, London. He is one of the three leading Parkinson’s disease researchers in the world and is the author of several books, including *Ray of Hope*, *The Silent Plague*, *Mentored by a Madman* and *Brazil That Never Was*.

**Categories:** Popular Science/Memoir  
**Publication date:** March 22, 2022  
**Pages:** 170  
**RRP:** £14.99  
**ISBN Hardback:** 978-1-912559-36-7

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**MIDLIFE**
**Humanity’s Secret Weapon**
Andrew Jamieson

Only two species of mammal have a post-reproductive life that lasts longer than their reproductive life – the killer whale and the *Homo sapiens* – and the evolutionary purpose of our extended years remains a mystery. Psychoanalyst Carl Jung, however, observed that successful cultures find an equilibrium between the energy of those in the ego-driven first half of life and the wisdom of those in the second, but to make it to that second half of life, we need to traverse the dreaded ‘middle years’. Drawing on history, psychology, science and literature, Jamieson shows how ubiquitous, how crucial and how misunderstood the ‘midlife crisis’ is, and the devastating consequences for society at large if we continue to regard it as something we can, and should, avoid.

**Andrew Jamieson** trained at the Bath Centre for Psychotherapy and Counselling and received an MA in Humanistic and Integrative Psychotherapy at Middlesex University. He lectures and writes widely on a series of subjects, including psychotherapy’s interconnection with philosophy, music and literature.

**Categories:** Popular psychotherapy, popular philosophy, popular science  
**Publication date:** May 10, 2022  
**Pages:** 170  
**RRP:** £14.99  
**ISBN Hardback:** 978-1-912559-38-1
A companion edition to NHE’s bestselling On Dogs, this beautiful gift book contains a selection of essays, stories and poems on cats, introduced by Margaret Atwood.

Freud considered his cat an embodiment of true egoism. Hilaire Belloc found peace in his feline companion’s complacency; and Hemingway – a famous cat-lover – wrote of drinking with his eleven cats and the pleasant distraction they gave him; Muriel Spark gives practical advice on how to teach a cat to play ping-pong; Sylvia Plath describes the archetype ‘cat lady’ in her famous poem ‘Ella Mason and her Eleven Cats’; VS Naipaul discovers, on adopting a stray, that ‘around this simple love of cats was a whole culture I knew nothing about’. These writers, and many others, paint a joyful portrait of cats. As Hemingway wrote, ‘one cat leads to another’.

**Margaret Atwood** is the author of more than fifty books, including *The Testaments* (co-winner of the 2019 Booker Prize), *Cat’s Eye, Alias Grace, The Blind Assassin* (winner of the 2000 Booker Prize), and *Hag-Seed.*

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**THE WRONG TURNING: Encounters with Ghosts**
Stephen Johnson

A curated selection of chilling ghost stories from world literature, introduced and edited by broadcaster Stephen Johnson. What these tales of the supernatural have in common is the theme of taking a ‘wrong turning’ in which the protagonists are made to face their darkest fears. In the spirit of a fireside storyteller, each tale has an afterword by Stephen Johnson, to suggest what the story might really be telling us.

Old favourites include M.R. James, Bram Stoker, Emily Brontë, and Alexander Pushkin. With such expert guides, who knows what we will be led to encounter in the haunted chambers of our minds?

**Stephen Johnson** has taken part in several hundred radio programmes and documentaries. He is also presenter on the Classic Arts podcast series *Archive Classics.* He is the author of several books including *The Eighth: Mahler and the World in 1910* (Faber) and *How Shostakovich Changed My Mind* (NHE)
FRIDA KAHLO AND MY LEFT LEG
Emily Rapp Black

*New York Times* bestselling author Emily Rapp Black describes how Frida Kahlo’s disabilities and art shaped her life.

From the first sight of Kahlo’s painting of the devastating bus crash that almost killed her, Rapp Black, herself an amputee since the age of four, felt a sense of kinship with the artist. They both endured numerous operations; both alternately hid and revealed their altered bodies; and both found a way to live and create despite physical and emotional pain.

In this moving essay, Rapp Black writes of how Kahlo’s work helped her to find a way forward when all seemed lost.

Containing several full colour images of Kahlo’s art and clothing.


**Categories:** Memoir/Art/Biography

**Publication date:** June 15, 2021

**Pages:** 156

**RRP:** £14.99

**ISBN Hardback:** 978-1-912599-26-8

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CONFESSIONS OF A HERETIC: Revised Ed.
Roger Scruton
Introduced by Douglas Murray

A revised edition of NHE’s bestselling title by the late Roger Scruton, with a new introduction by Douglas Murray.

Each ‘confession’ reveals aspects of the author’s thinking that his critics advised him to keep to himself. Writing on subjects from art and architecture to politics and nature conservation, Scruton challenges popular opinion on key aspects of our culture: what can we do to protect Western values against Islamist extremism? How can we nurture real friendship through social media? Why is the Nation State worth preserving? How should we achieve a timely death against the advances of modern medicine?

In the introduction by bestselling author and journalist Douglas Murray, he writes of the prescience of these ideas after Scruton’s death.

**Roger Scruton** (1944-2020) was a philosopher, polemicist and author of over 40 books, including *Notes from Underground* (2014), and *Fools, Frauds and Firebrands: Thinkers of the New Left* (2015). He specialised in aesthetics with particular attention to music and architecture.

**Categories:** Politics/Culture/Literary Essay

**Publication date:** July 1, 2021

**Pages:** 192

**RRP:** £14.99

**ISBN Hardback:** 978-1-912559-34-3
SAUNTERING: Writers Walk Europe
Introduced and Edited by Duncan Minshull

This latest collection of walking literature from Notting Hill Editions celebrates the allure of the Continent. A companion volume to NHE’s bestselling BENEATH MY FEET: Writers on Walking.

Sauntering features sixty walker-writers who roam Europe by foot. Twenty-two countries are traversed. We join Henriette D’Angeville, the second woman to climb Mont Blanc; Nellie Bly roaming the trenches of the First World War; Werner Herzog on a personal pilgrimage through Germany; Hans Christian Andersen in quarantine; Joseph Conrad in Cracow; Rebecca Solnit re-imagining change on the streets of Prague; and Robert Macfarlane dropping deep into underground Paris.

Duncan Minshull, described as ‘the laureate of walking’ is a freelance audio producer and anthologist. His publications include Beneath My Feet: Writers on Walking (Notting Hill Editions); While Wandering (Vintage); and The Burning Leg (Hesperus Press). He has described the joys of traveling on foot for various publications including The Times, Daily Telegraph, Guardian, Conde Nast Traveller, and Vogue.

Categories: Literary Anthology/Walking/Travel
Publication date: March 9, 2021
Pages: 184
RRP: £14.99
ISBN Hardback: 978-1-912559-24-4

HAPPY HALF-HOURS
A.A. Milne
Introduced by Frank Cottrell-Boyce

A delightful selection of articles by the ever-popular A.A. Milne introduced by the prize-winning children’s author Frank Cottrell-Boyce.

A.A. Milne was a successful writer long before Winnie-the-Pooh made him famous. Milne had a talent for regularly turning out a thousand whimsical words on lost hats and umbrellas, golf, married life, cheap cigars, and any amount of life’s little difficulties. This anthology includes his fiercely argued writings on pacifism. Happy Half-Hours features the very best of A.A. Milne in one delightful volume.

‘One of this season’s hidden gems.’ – Michael DIRDA, Washington Post

Frank Cottrell-Boyce is a children’s novelist who won the Carnegie medal for Millions in 2004 and The Guardian Children’s Fiction prize for The Unforgotten Coat in 2013. His other books include Framed, Cosmic, The Astounding Broccoli Boy and Runaway Robot. Cottrell-Boyce’s films include Goodbye Christopher Robin (2017) about the lives of A.A. Milne and his family.

Categories: Literature / Humour
Publication date: October 20, 2020
Pages: 184
RRP: £14.99
SAUNTERING: Writers Walk Europe
Introduced and Edited by Duncan Minshull

Sauntering features sixty writers – classic and contemporary – who travel Europe by foot. We join Henriette D’Angeville climbing Mont Blanc; Nellie Bly roaming the trenches of a war-torn Poland; Werner Herzog on a personal pilgrimage across Germany; Hans Christian Andersen in quarantine; Joseph Conrad in Cracow; and Robert Macfarlane dropping deep into underground Paris.

‘The perfect companion for a summer ramble, or a winter fireside.’ Will Self

Categories: Literary anthology
Publication date: March 9, 2021
Pages: 190
RRP: £14.99
ISBN Hardback: 978-1-912559-24-4

THE WRONG TURNING: Encounters with Ghosts
Stephen Johnson

Why do people love ghost stories, even when they don’t believe (or say they don’t believe) in ghosts?

With contributions from M.R James, Alexander Pushkin, Charlotte Perkins Gilman, Tove Jansson, Ambrose Pierce, Flann O’Brien and more, this uniquely curated anthology brings together some of the most chilling – and enigmatic – stories from around the world.

Categories: Ghost stories/Literary anthology
Publication date: October 5, 2021
Pages: 190
RRP: £14.99

ON CATS: An Anthology
Introduced by Margaret Atwood

For thousands of years, cats have been venerated and mistrusted in equal measure. Today, their affections are hard-won and often fickle, but we still (for the most part) seem to love them.

Introduced by Margaret Atwood, who was a ‘cat-deprived young child’, the writers in these pages reflect on the curious feline qualities that inspire devotion in their owners, even when it seems one-sided.

Categories: Literary Anthology/Animals
Publication date: November 2, 2021
Pages: 172
RRP: £14.99
ON DOGS: An Anthology
Introduced by Tracey Ullman

From Roald Amundsen’s account of using sled dogs in his expedition to the South Pole to J.R. Ackerley’s tender portrayal of his ill-behaved dog Tulip, the writers collected in On Dogs reflect on the joys and pitfalls of dog ownership with wit and affection. With an introduction by Tracey Ullman (an inveterate adopter of strays), and 6 characterful dog portraits by photographer Rhian ap Gruffydd. Contributors include Shakespeare, Thurber, Miranda Hart, Jack London, David Sedaris, A.A. Gill, Brigitte Bardot and more.

Categories: Literary Anthology
Publication date: November 7, 2019
Pages: 192
RRP: £14.99

A TWITCH UPON THE THREAD: Writers on Fishing
Introduced and Edited by Jon Day

The best fishing writing is never only about fishing, and the writers collected in this anthology use angling as a way to write about love, loss, faith, and obsession. This is a collection of fishing writing ranging from medieval times to the present, taking the reader from riverbank to open ocean, from the shore to the depths. Read it and be hooked.

Jon Day is a writer, academic, and angler. His first book, Cyclogeography: Journeys of a London Bicycle Courier, was published by Notting Hill Editions in 2015.

Categories: Literary Anthology/Sport
Publication date: May 2, 2019
Pages: 196
RRP: £14.99

BENEATH MY FEET: Writers on Walking
Introduced and Edited by Duncan Minshull

Walking and writing have always gone together. Think of the poets who walk out a rhythm for their lines and the novelists who put their characters on a path. Beneath My Feet rounds up the most memorable walker-writers from the 1300s to the present day, from country hikers to urban strollers.

Follow in the foosteps of Virginia Woolf, George Sand, Rebecca Solnit, Will Self, and dozens more. Keep up with them - and be astonished.

Categories: Literary Anthology
Publication date: October 30, 2018
Pages: 192
RRP: £14.99
ON CHRISTMAS: A Seasonal Anthology
Introduced by Gyles Brandreth

A seasonal anthology of Christmas-themed writings to savour during the highs and lows of Christmas Day.

This delightful book offers a diverse array of classic and contemporary writers who have expressed their thoughts about Christmas over the centuries – with joy, nostalgia, grumpiness, and wit. Includes selections from classic and contemporary writers including Dostoevsky, Dickens, A.A. Milne, Samuel Pepys, C.S. Lewis, Ali Smith and Will Self.

Categories: Literary / Anthology
Publication date: November 1, 2017
Pages: 188
RRP: £14.99

ON DOLLS
Introduced and Edited by Kenneth Gross

The essays in this collection explore the seriousness of play and the mysteries of inanimate life, which have resulted in some of the most profound passages in Baudelaire and Kleist, Rilke and Freud, Kafka and Walter Benjamin, Bruno Schulz and Dennis Silk, Elizabeth Bishop and Marina Warner.

‘Gross brings together in one beautiful volume key texts about the uncanny world of inanimate beings.’ – The Guardian

Categories: Literary Anthology
Publication date: Autumn 2012
Pages: 152
RRP: £14.99
WHAT TIME IS IT?
John Berger / Selçuk Demirel - Introduced by Maria Nadotti

The last book that John Berger wrote was this precious little volume about time, now posthumously published for the first time in English.

What Time Is It? is a profound and playful meditation on the illusory nature of time. Berger posits the idea that time can lengthen lifetimes once we seize the present moment.

Illustrated throughout in full colour by Selçuk Demirel in his inventive style and introduced by Berger’s friend Maria Nadotti.

Categories: Philosophy/Art
Publication date: September 25, 2019
Pages: 120
RRP: £14.99

SMOKE
John Berger and Selçuk Demirel

John Berger, art critic, novelist and longtime smoker, joins forces again with Turkish writer and illustrator Selçuk Demirel. This charming pictorial essay reflects on the cultural implications of smoking through a series of brilliantly inventive illustrations.

‘Smoke really is a gift, only not one that you merely purchase—Berger always hated the idea of art as commodity. [...] Smoke, for those who will have it, is a cigarette of late style.’ – Jonathan STURGEON, Art in America

Categories: Art / Culture / Literary
Illustrations: 45 illustrations
Publication date: Spring 2011
Pages: 74
RRP: £14.99

CATARACT
John Berger and Selçuk Demirel

What happens when cataracts rob an art critic of his sight?

Notes and reflections by one of our great soothsayers of seeing, John Berger, on the minor miracle of cataract surgery. Berger joins forces with Turkish illustrator Selçuk Demirel to reflect on his experience of loss of vision.

‘Cataract from Greek kataraktes, meaning waterfall or portcullis, an obstruction that descends from above.’ – John BERGER

Categories: Art/Literary
Publication date: Spring 2011
Pages: 68
RRP: £14.99

FRIDA KAHLO AND MY LEFT LEG
Emily Rapp Black

At first sight of Kahlo’s painting The Two Fridas, Emily Rapp Black felt an instant connection with the artist.

An amputee from childhood, Rapp Black grew up with prosthetic limbs and learned to hide her disability while Kahlo sustained lifelong injuries after a bus crash and had her right leg amputated. In Kahlo’s art, Rapp Black recognised the compulsion to create to silence pain and learned to accept her body.

Categories: Memoir/Art/Biography
Publication date: June 15, 2021
Pages: 156
RRP: £14.99
ISBN Hardback: 978-1-912599-26-8
STILL LIFE WITH A BRIDLE
Zbigniew Herbert

In these pages of prose, the poet Zbigniew Herbert brings the Dutch 17th century alive: the people, as they bid crippling sums of money for one bulb of a new variety of tulip; the painters like Torrentius who loved women, was persecuted for heresy and whose paintings disappeared – all but one, named ‘Still Life with a Bridle’…

‘This Aladdin-like journey through history and the Flemish landscape has the suspense and flawlessness of a dream.’ Edna O’BRIEN

Categories: Art / History / Literary
Publication date: Spring 2012
Pages: 128
RRP: £14.99

FIVE WAYS OF BEING A PAINTING
and other essays


This volume brings together the six winners of the £20,000 Notting Hill Editions Essay Competition, one of the top ranking literary prizes in the world. Covering an array of subjects, from the meaning of art to supermarket shopping, these pieces were chosen for their originality, literary style, and their ability to persuade.

Categories: Essay Collections
Pages: 172
RRP: £14.99
ISBN E-Book: 978-1-910749-21-0

Image from What Time Is It? by John Berger & Selçuk Demirel
JUNKSPACE with RUNNING ROOM
Rem Koolhaas/Hal Foster

In *Junkspace* (2001), architect Rem Koolhaas itemised in delirious detail how our cities are being overwhelmed. His celebrated jeremiad is here updated and twinned with *Running Room*, a fresh response from architectural critic Hal Foster.

Is there a future for architecture? If so, it might begin with the meditations – by turns elegant and frantic – of Rem Koolhaas and Hal Foster: ‘even if there is no outside to Junkspace, there is still running room to be made in its cracks…’

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NAIRN’S TOWNS
Ian Nairn, Introduced by Owen Hatherley

These essays show the late, great architectural critic Ian Nairn writing about cities and towns as a whole rather than as collections of individual buildings.

Sixteen short essays on places as varied as Glasgow and Norwich, Llanidloes and Sheffield, by the finest English architectural writer of the twentieth century.

‘It [Nairn’s Towns] should be kept in the glove-box of every car...’ *Standpoint Magazine*

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NAIRN’S PARIS
Ian Nairn, Introduced by Andrew Hussey

Last printed in 1968, this is a unique guidebook from the late, great architectural writer Ian Nairn. Illustrated with the author’s snaps of the city, Nairn gives his readers an idiosyncratic and unpretentious portrait of the ‘collective masterpiece’ that is Paris.

‘In Nairn’s Paris the City of Light gets the flâneur it deserves: passionate, bilious, eloquently melancholy... At his best [Nairn] has no equal.’
– David COLLARD
PORTRAIT INSIDE MY HEAD
Phillip Lopate

In this revealing collection of personal essays, renowned essayist Phillip Lopate shares his unique view on the big subjects of parenthood, marriage, sex, friendship and ‘the nail parings of daily life’.

At turns funny, tender and searingly honest, he searches with a cool eye for that elusive truth about himself and the world.

Categories: Literary/Memoir
Publication date: February 20, 2015
Pages: 172
RRP: £14.99
ISBN Hardback: 978-1-907903-96-0

BRAINSPOTTING: Adventures in Neurology
A. J. Lees

In this series of brilliant autobiographical essays, Lees takes us on a grand tour of his neurological career, giving the reader insight into the art of listening, observation and imagination that the best neurologists still rely on to heal minds and fix brains.

‘Subtle, brilliant and unputdownable... A remarkable book.’ Robert McCrum

Categories: Popular Science/Memoir
Publication date: March 22, 2022
Pages: 170
RRP: £14.99
ISBN Hardback: 978-1-912559-36-7
HOW SHOSTAKOVICH CHANGED MY MIND
Stephen Johnson

Music broadcaster Stephen Johnson explores the power of Shostakovich’s music, and writes of the extraordinary healing effect of music on sufferers of mental illness. Johnson looks at neurological, psychotherapeutic and philosophical findings, and reflects on his own experience, where he believes Shostakovich’s music helped him survive the trials and assaults of bipolar disorder.

‘One of the most powerful, honest, and profound revelations that exists on what it is that music is and does: it’s just an essential document.’
– Tom SERVICE, Music Matters

Categories: Music/Memoir/Psychology
Publication date: April 2018
Pages: 172

RRP: £14.99
ISBN Hardback: 978-1-910749-45-6
ISBN E-Book: 978-1-910749-76-0

MENTORED BY A MADMAN
The William Burroughs Experiment
A.J. Lees

In this extraordinary memoir, neuroscientist Andrew Lees explains how William Burroughs, author of Naked Lunch and troubled drug addict, inspired his medical career. Lees follows Burroughs into the rainforest and under the influence of yagé (ayahuasca) gains insights that encourage him to pursue new lines of pharmacological research and explore new forms of science.

‘The inevitable comparison with the late, great Oliver Sacks is entirely just.’ – Raymond TALLIS

Categories: Medicine/Memoir/Science/Literary
Publication date: May 2016
Pages: 192

RRP: £14.99
ISBN Hardback: 978-1-910749-10-4
ISBN Paperback: 978-1-912559-12-1

FOUND AND LOST: Mittens, Miep, and Shovefuls of Dirt
Alison Leslie Gold

A memoir from the holocaust writer Alison Leslie Gold, told through a series of letters. The letters tell of her early activism; her descent into addiction and alcoholism; her fateful meeting with Miep Gies (who sheltered the Anne Frank family), and her subsequent recovery.

‘Compelling’ – Times Literary Supplement

Categories: Memoir/Literary
Publication date: October 2017
Pages: 220

RRP: £14.99
ISBN E-Book: 978-1-910749-89-0

CYCLOGEOGRAPHY: Journeys of a London Bicycle Courier
Jon Day

Cyclogeography is an essay about the bicycle in the cultural imagination and a portrait of London written from the saddle. Informed by his years spent as a bicycle courier, Jon Day reflects on the way bicycles connect people with places. Parasitic on the city, couriers have an intimate knowledge of London, and for those who survive the grinding toughness of the job the bicycle can become the only thing holding them together.

‘...a bold and clever book. It fascinated me from first page to last.’ – Robert MACFARLANE

Categories: Literary/Memoir/Special Interest
Publication date: May 2016
Pages: 172

RRP: £14.99
**Biography/Memoir**

**THINGS I DON’T WANT TO KNOW**  
Deborah Levy

Deborah Levy uses George Orwell’s famous list of motives for writing as the jumping-off point for a sequence of thrilling reflections on the writing life.  
‘Levy’s prose throbs its way into the imagination.’  
*The Observer*

**Categories:** Literary / Memoir  
**Pages:** 116

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**WANDERING JEW: The Search for Joseph Roth**  
Dennis Marks

Joseph Roth, whose many novels include *The Radetsky March*, was one of the most enigmatic writers of the 20th Century. He was a perpetual traveller, a prophet, a compulsive liar, and a man who covered his tracks. Dennis Marks makes a journey through the eastern borderlands of Europe to uncover the truth about Roth’s lost world.  
‘This is history at its most vivid.’ – *The Times*

**Categories:** Biography/Literary/History  
**Publication date:** Autumn 2011  
**Pages:** 140

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**MY KATHERINE MANSFIELD PROJECT**  
Kirsty Gunn

In 2009 Kirsty Gunn returned to spend the winter in her home town of Wellington, New Zealand, the place where Katherine Mansfield also grew up. In this lyrical essay she explores the idea of home and belonging.

**Kirsty Gunn** is the recipient of several awards including the New York Times Notable Book Award and the James Tait Black Memorial Prize.

**Categories:** Literary / Memoir  
**Pages:** 176

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**I REMEMBER**  
Joe Brainard

Joe Brainard’s *I Remember* is a cult classic. As autobiography, Brainard’s method was brilliantly simple: to set down specific memories (‘everything is interesting, sooner or later’) as they rose to the surface of his consciousness, each prefaced by the refrain ‘I remember’.

**Categories:** Literary  
**Publication date:** Autumn 2012  
**Pages:** 208

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DENIAL: The Unspeakable Truth
Keith Kahn-Harris

Denialism comes in many forms, often dressed in the garb of scholarship or research. It’s certainly insidious and pernicious, but what if, as Keith Kahn-Harris asks, it actually cloaks much darker, unspeakable, desires? If denialists could speak from the heart, what would we hear?

Kahn-Harris sets out not to unpick denialists’ arguments, but to investigate what lies behind them. The conclusions he reaches are shocking and uncomfortable. In a world of ‘fake news’ and ‘post-truth’, are the denialists about to secure victory?

Categories: Sociology / Politics
Publication date: September 13, 2018
Pages: 204
RRP: £14.99
ISBN Hardback: 978-1-910749-96-8

WE ARE NOT AFRAID
Gila Lustiger

Awarded the Horst Bingel Prize 2016 and the Stefan Andres Prize 2017.

In 2015 a terrifying new era began for Paris and the rest of Europe: the brutal attack on the staff of Charlie Hebdo and the terrorist attacks on Paris that killed 130 people. The terrorists were born and bred on French soil.

In this award-winning essay, Parisian writer Gila Lustiger explores the historical, political and social conditions that give rise to terrorism and suggests how we might ‘set the world back on course’.

Categories: Politics/Sociology/History
Publication date: July 20, 2017
Pages: 144
RRP: £14.99
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A SHORT HISTORY OF POWER
Simon Heffer

From Macaulay in the nineteenth century to Fukuyama in the late twentieth, historians have often been lulled into thinking that things can only get better. But do they? Taking a panoramic view from the days of Thucydides up to the present, celebrated historian, journalist and political commentator Simon Heffer analyses the motive forces behind the pursuit of power and shows why history is destined to repeat itself.

Categories: Politics/History
Publication date: April 28, 2011
Pages: 192
RRP: £14.99
THE ROAD TO APOCALYPSE
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Stanley & Munro Price

In 1811 eccentric millionaire Lewis Way had an epiphany on the road to Exmouth. From that moment he devoted himself to one goal: the return of the Jews to the Holy Land.

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Categories: History/Religion
Publication date: Autumn 2011
Pages: 148
RRP: £14.99
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THE FOREIGNER: Two Essays on Exile
Richard Sennett

Richard Sennett has spent an intellectual lifetime exploring how humans live in cities. In this pair of essays he visits two of the world’s greatest cities at crucial moments in their history: the Jewish Ghetto of Renaissance Venice and 19th-century Paris, a magnet for political exiles, uncovering some surprising consequences.

Categories: History/Politics/Sociology
Publication date: Spring 2011
Pages: 110
RRP: £14.99
ISBN Hardback: 978-1-907903-08-3

THE PARADOXAL COMPASS: Drake’s Dilemma
Horatio Morpurgo

The Paradoxal Compass is both historical narrative and environmental manifesto. As the modern world continues to plunder the ‘infinite store’ of the earth’s riches, Morpurgo explores how our abusive relationship with the natural world began in the Age of Discovery. Morpurgo dramatises the perilous hours during which Drake’s Golden Hinde was stranded on a reef off the coast of Indonesia, and asks what was really at the heart of Drake’s violent quarrel with Fletcher, the ship’s chaplain.

Categories: History/Environment
Publication date: June 1, 2017
Pages: 192
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PILGRIMS OF THE AIR: The Passing of the Passenger Pigeon
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Categories: History
Publication date: Autumn 2011
Pages: 240
RRP: £14.99
QUESTIONS OF TRAVEL: William Morris in Iceland  
Lavinia Greenlaw

The Victorian artist and activist William Morris was fascinated by Iceland which inspired him to write one of the masterpieces of travel literature. Poet Lavinia Greenlaw combines excerpts from his Icelandic writings with her own response to the country. The result is a new and composite work, which brilliantly explores our conflicted reasons for not staying at home.

Categories: Travel/Literary  
Publication date: Spring 2011  
Pages: 224  
RRP: £14.99  

JOURNEY TO ARMENIA  
Osip Mandelstam

Mandelstam was a Russian poet and essayist. He visited Armenia in 1930 and during his stay he was inspired to write an experimental meditation on the country and its transient culture. ‘Journey was the last piece Mandelstam saw published, and it takes its place among the outstanding masterpieces of twentieth century literature.’ – Bruce CHATWIN

Categories: Travel/Literary  
Publication date: Autumn 2011  
Pages: 192  
RRP: £14.99  

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Julian Mash

A delightful English/Japanese pocket-sized guide to London’s most popular district. Through four walks, London writer Julian Mash uncovers the history, culture and fascinating characters that have made Notting Hill so iconic. Beautifully laid out including several photographic images and four hand-drawn maps, the guide will appeal to both tourists and residents alike.

Categories: Travel/History/Guidebook  
Publication date: July 10, 2018  
Pages: 172  
RRP: £13.50  
ISBN Hardback: 978-1-910749-94-4  
ISBN Paperback: 978-1-910749-95-1  

BRAZIL THAT NEVER WAS  
A.J. Lees

When A. J. Lees was a boy his father gave him a dog-eared book called Exploration Fawcett. It told the true story of a Colonel Percy Fawcett, an explorer who in 1925 had gone in search of a lost city in the Amazon and never returned. Years later, now a successful neurologist, Lees set off in search of the mysterious figure of Fawcett. What he found exceeded his wildest imaginings. Part travelogue, part memoir, Lees paints a portrait of an elusive Brazil and a flawed explorer whose doomed mission saved lives.

Categories: Travel/Memoir  
Publication date: Sept 15, 2020  
Pages: 152  
RRP: £14.99  
MY PRIZES
Thomas Bernhard

A brilliantly mordant memoir of the background and circumstances of nine literary prizes awarded to Austrian novelist and enfant terrible, Thomas Bernhard between 1963 and 1980, followed by some of the speeches he delivered on these occasions.

‘Thank goodness for Thomas Bernhard, the most truthful, the funniest and the most musical of writers since Marcel Proust.’ – Gabriel JOSIPOVICI

Categories: Literary Anthology
Pages: 128
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ALCHEMY: Writers on Truth, Lies and Fiction
Introduced by Iain Sinclair

We live in a world of docu-drama, in which the ‘real life’ story is held in higher regard than fiction. Where does that leave the imagination?

Five writers grapple with reality and fiction, and the alchemical process of turning life into art. As Iain Sinclair frames it in his luminous introduction, they try to explain the impulse to write ‘by way of personal anecdote, revelation, or hopeful punt in the dark.’ Contributors: Joanna Kavenna, Gabriel Josipovici, Benjamin Markovits, Partou Zia, Anakana Schofield.

Categories: Literary Anthology
Publication date: August 31, 2016
Pages: 176
Illustrations: 5 colour reproductions
RRP: £14.99
ISBN: 978-1-910749-16-6

ATTENTION! A (SHORT) HISTORY
Joshua Cohen

A dazzling meditation on the philosophical, scientific, and historical roots of attention, an attempt to pin down this elusive state of being.

‘Intelligent, lyrical, prosaic, theoretical, pragmatic, funny, serious. His best prose does everything at once.’ – James WOOD

Categories: Literary/Sociology/Culture
Publication date: Spring 2013
Pages: 248
RRP: £14.99
ISBN Hardback: 978-1-907903-61-8

A GARDEN FROM A HUNDRED PACKETS OF SEEDS
James Fenton

In this revised and updated edition with a new preface, poet and gardener James Fenton, describes a hundred plants he would choose to grow from seed. The book includes chapters on flowers for colour, size, or exotic interest; herbs and meadow flowers; climbing vines and tropical species; the micro-meadow; raising plants from seed; and a wealth of personal tips and advice. As Fenton writes, ‘the emphasis is on childish simplicity of approach, and economy of outlay.’

‘Fenton’s list is brisk and robust, but each of the varieties he selects takes on a delicate life of its own in the fertile topsoil of the poet’s imagination.’ – Tim ADAMS, The Observer

Categories: Literary / Nature / Hobbies
Publication date: July 23, 2020
Pages: 96
RRP: £12.99
YOU AND ME: The Neuroscience of Identity
Susan Greenfield

What is it that makes you distinct from me? Neurologist Susan Greenfield takes us on a journey in search of a biological interpretation of identity, guiding us through the social and psychiatric perspectives and into the heart of the physical brain. Do the cultural challenges of the 21st century mean that we are facing unprecedented changes to identity itself?

Categories: Popular Science / Philosophy / Sociology
Publication date: February 21, 2017
Pages: 156
RRP: £14.99

THE MYSTERY OF BEING HUMAN
Raymond Tallis

Author, physician and humanist philosopher Raymond Tallis meditates on the complexity of human consciousness, free will, mathematics, God and eternity. The philosophical reflections are interrupted by the fiercely polemical essay 'Lord Howe’s Wicked Dream', in which Tallis exposes the ‘institutionally corrupt’ deception intended to destroy the NHS.

‘Raymond Tallis is one of the very few contemporary thinkers whom I would unequivocally call a genius’ - Stuart KELLY, Scotland on Sunday.

Categories: Philosophy / Sociology / Politics
Publication date: September 13, 2016
Pages: 232
RRP: £14.99

MIDLIFE: Humanity’s Secret Weapon
Andrew Jamieson

Only two species of mammal have an extensive, post-reproductive life: killer whales – whose elders can sniff out food for their pods – and Homo sapiens. While the rationale behind the whale’s longevity seems clear, what is the point of ours? Examining the Jungian concept of the midlife crisis, and the lives of prominent figures who endured it (including Abraham Lincoln and Marie Curie), psychotherapist Andrew Jamieson shows how there is an evolutionary purpose behind this rite of passage which – once traversed – holds the key to our prosperity.

Categories: Popular psychotherapy, popular philosophy, popular science
Publication date: May 10, 2022
Pages: 170
RRP: £14.99
ISBN Hardback: 978-1-912559-38-1
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Introduced by Frank Cottrell-Boyce

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Categories: Literary Anthology
Pages: 192
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Categories: Literary
Pages: 192
RRP: £14.99
ISBN: 978-1-910749-18-0

BEAUTIFUL & IMPOSSIBLE THINGS: Oscar Wilde
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Categories: Literary Anthology
Pages: 226
RRP: £14.99
ISBN: 978-1-910749-06-7

ESSAYS ON THE SELF: Virginia Woolf
Introduced by Joanna Kavenna

In these essays Virginia Woolf explores the nature of the finite self (‘Who am I?’ ‘Who is everybody else?’) and how individual experience might be relayed. Throughout these 13 essays, selected and introduced by Joanna Kavenna, Woolf celebrates the urgency of the present. She discusses the rights of women, social inequality, and the agony of war. Trust yourself, Woolf suggests. Live within the beauty and strangeness of ordinary life.

Categories: Literary
Pages: 184
RRP: £14.99
DRAWN FROM LIFE: Michel de Montaigne
Introduced by Tim Parks

A new selection of Montaigne’s essays that explore themes of fear, courage, mortality and personal freedom. Montaigne sought to liberate the individual from the pressure of social custom – ideas considered so dangerous that his books were banned by the Vatican for nearly two centuries. In his vivid introduction, Tim Parks sheds new light on this enduringly popular figure.

Categories: Literary
Publication Date: November 10, 2016
Pages: 210
RRP: £14.99
ISBN: 978-1-910749-23-4

THE RUSSIAN SOUL: Fyodor Dostoevsky
Introduced by Rosamund Bartlett

A selection from A Writer’s Diary. Published in monthly instalments beginning in 1873, A Writer’s Diary incorporated art and politics, intimate confession, and short stories. It was Dostoevsky’s favourite work, and a way for him to come into closer contact with his readers. The Diary stands revealed as the work of a writer-activist who sought to transform Russian society.

Categories: Literary Anthology
Publication Date: September 1, 2017
Pages: 174
RRP: £14.99
ISBN: 978-1-910749-63-0

A ROUNDABOUT MANNER: W.M. Thackeray
Introduced by John Sutherland

Thackeray, author of the masterpiece Vanity Fair, was considered one of the finest writers of the Victorian heyday. This anthology covers all of Thackeray’s versatile genius: his sketches, journalism, essays, cartoons and fiction. With explanatory notes by writer John Sutherland, this selection offers a lens into Victorian life by one of its most distinctive voices.

Categories: Literary Anthology
Publication Date: February 22, 2018
Pages: 144
RRP: £14.99
ISBN: 978-1-910749-92-0

ALL THAT IS WORTH REMEMBERING: William Hazlitt
Introduced by Duncan Wu

William Hazlitt was one of the greatest of essayists. He was a free-thinker, a non-conformist and a passionate advocate for anti-establishment causes at a time when to hold those views was dangerous. This collection brings together his essays on liberty, the character of our leaders, corruption, self-interest, and the way we conceive our world.

‘Without question one of the greatest writers of prose in the English language.’ – A.C. GRAYLING

Categories: Literary
Publication Date: October 24, 2014
Pages: 192
RRP: £14.99
ISBN: 978-1-907903-94-6
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Jon Day

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**Categories:** Literary  
**Publication Date:**  
**Pages:** 176  
**RRP:** £9.99  
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**BREAK A LEG: A Dictionary of Theatrical Quotations**  
Gyles Brandreth

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Gyles Brandreth is a writer, performer, broadcaster, ex-MP, and President of the Oscar Wilde Society. He is a reporter on *The One Show* on BBC1 and a regular on *Radio 4’s Just A Minute*, he has appeared on *Have I Got News For You*, QI and *Countdown*.

**Categories:** Literary  
**Publication Date:** July 1, 2018  
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