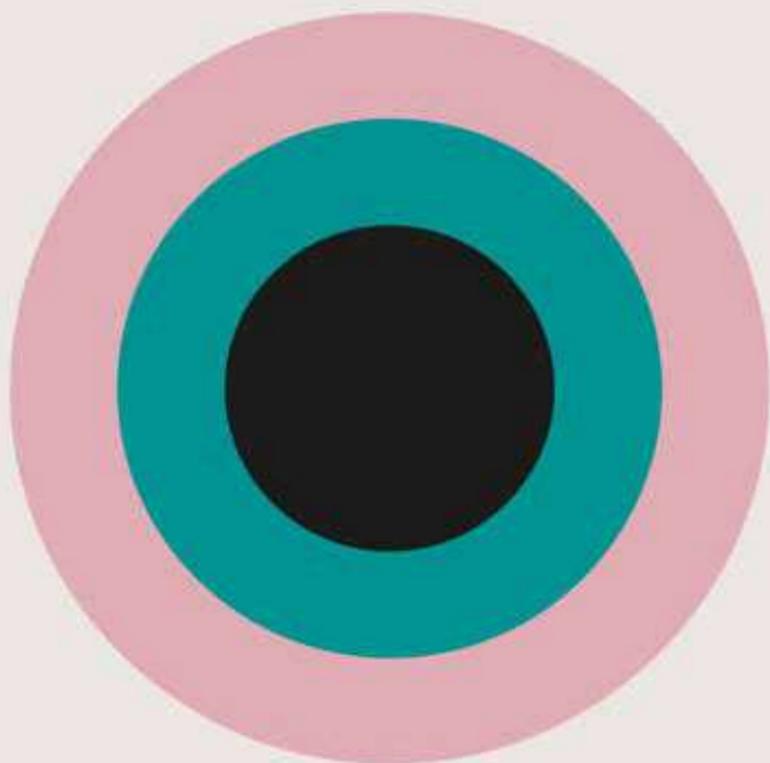


Notting Hill Editions

Catalogue
July 2022–June 2023





ysical place but a mobile need;
is, home is always to be
somewhere else.'

Foreigner: Two Essays on Exile



Notting Hill Editions is an independent British publisher. The company was founded by Tom Kremer (1930-2017), champion of innovation and the man responsible for popularising the Rubik's Cube.

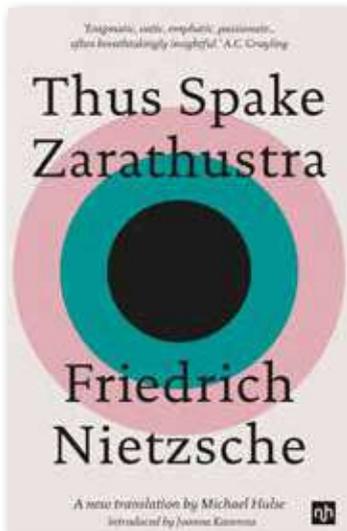
After a successful business career in toy invention Tom decided, at the age of eighty, to fulfil his passion for literature. In a fast-moving digital world Tom's aim was to revive the art of the essay, and to create exceptionally beautiful books that would be lingered over and cherished.

Hailed as 'the shape of things to come', the family-run press brings to print the most surprising thinkers of past and present. In an era of information-overload, these collectible pocket-sized books distil ideas that linger in the mind.

THUS SPAKE ZARATHUSTRA

Friedrich Nietzsche, Translated by Michael Hulse

Introduced by Joanna Kavenna

A Paperback Original

A new translation of a seminal work by poet and acclaimed translator of W.G. Sebald, Goethe, Rilke, Herta Müller and Elfriede Jelinek.

In *Thus Spake Zarathustra*, Nietzsche's infamous protagonist sets off on a grand and noble quest to find meaning in a secular world and to live joyfully alongside the knowledge of death. Radical, uncategorisable, contradictory and often humorous, this new translation – the first in English by a poet – is a grand celebration of human existence by one of the most influential thinkers of the past two centuries.

Michael Hulse has won numerous awards for his poetry and his translations have been shortlisted for every major translation award.

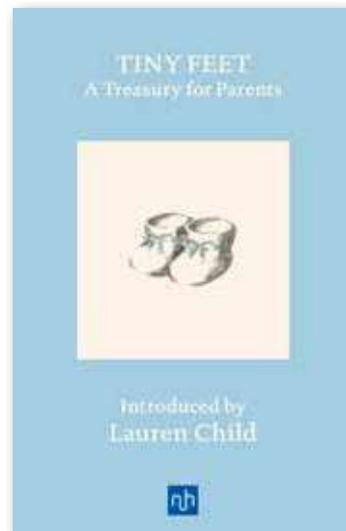
Joanna Kavenna is the author of several works of fiction and non-fiction including *The Ice Museum*, *The Birth of Love* and *Zed*.

Categories: *Philosophy/Poetry*
 Publication date: *September 16, 2022*
 Pages: 336

RRP: £12.99
 Format: 216 x 138mm; paperback
 ISBN: 978-1-910749-25-8

TINY FEET: A Treasury for Parents

Introduced by Lauren Child



Children are a wonder, a blessing, a miracle, and everyone has an opinion on how we should raise them. From novelists to paediatricians; from modern parenting 'experts' to child psychologists; from debunked academics to 1950s 'agony aunts', *Tiny Feet* is the first anthology of its kind, showcasing a range of the most influential writing about children over the past three-hundred years. Published chronologically, the extracts featured in this delightful compendium show the extent to which some of our attitudes have changed while others remain absolute, and remind us of the joy that children have always brought to our lives.

Contributors include: Bruno Bettelheim, Erik H. Erikson, *Good Housekeeping* (1913), Donald Winnicott, Jean-Jacques Rousseau, Isabella Beeton, Charles Darwin, Maria Montessori, Bertrand Russell, Margaret Mead, Jean Piaget, Benjamin Spock, Toni Morrison and Bernardine Evaristo.

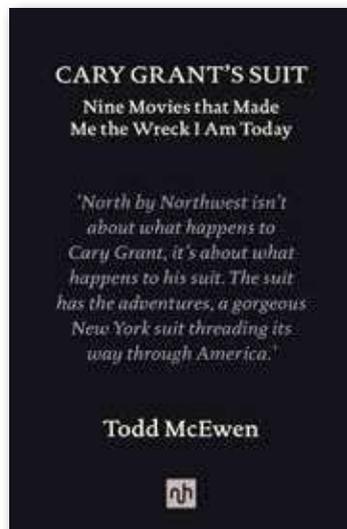
Lauren Child is an English children's author and illustrator best known for her book series the *Charlie and Lola* picture books and the *Ruby Redfort* novel series.

Categories: *Popular Psychology/Literary Anthology/Gift*
 Publication date: *November 1, 2022*

Pages: 192
 RRP: £14.99
 ISBN Hardback: 978-1-912559-47-3

CARY GRANT'S SUIT: Nine Movies That Made Me the Wreck I am Today

Todd McEwen



'Todd McEwen not only has a black belt in comedy, he can turn a phrase on two wheels and blow diamond dust out of the exhaust pipe.' Tom Robbins.

Todd McEwen grew up in Southern California, so his head was hopelessly messed with by the movies. As the son of relatively NORMAL PEOPLE, Todd had no in with Hollywood, a mere thirteen miles away, yearn and try as he might. This is a kid who loved the movies so much, he got up at 4.30 in the morning to watch Laurel and Hardy. A kid who insisted on his birthday that his father project 8mm cartoons onto the family's dining room curtains so they could be slowly parted, just like at a real cinema. This is a kid who liked to *leave* the movie and trudge up hundreds of dangerous iron steps to visit the lugubrious and always surprised projectionist. This is a kid who, years later, watched Chinatown over sixty times. A love letter to old Hollywood, this is a book for anyone interested in film.

Todd McEwen's novels include *Fisher's Hornpipe*, *McX: A Romance of the Dour*, *Who Sleeps with Katz*, and *The Five Simple Machines*.

Categories: Humour/Memoir/Film
Publication date: February 28, 2022

Pages: 168
RRP: £14.99
ISBN Hardback: 978-1-912559-40-4

FASHION: A Manifesto

Anouchka Grose



Fashion: A Manifesto takes a look at the psychology of fashion in order to unpick the hold it has on so many of us. On the one hand clothes can help you out with embodied life by concealing the bits you feel ashamed of and accentuating the bits you're proud of. But like gambling, fashion keeps us captivated by treating us badly, trapping us in a cycle of promises and dashed hopes by suggesting that new clothes will help us to like ourselves more. And while it's easy to dismiss fashion as elitist and wasteful, isn't it also fascinating, exciting and perhaps sometimes even radical – not to mention surprisingly egalitarian? Taking us on a journey from the court of Louis XIV to TikTok's avant apocalypse, *Fashion: A Manifesto* scrutinises fashion to open up questions about the ways in which it works both for and against us.

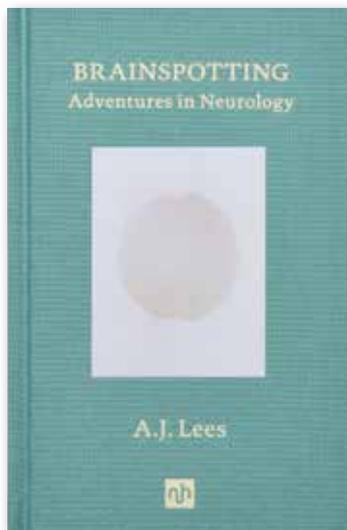
Anouchka Grose is a psychoanalyst and writer and a member of The Centre for Freudian Research, where she regularly lectures. Her non-fiction books include *No More Silly Love Songs* and *A Guide to Eco-Anxiety*. She is also extremely fashionable.

Categories: Popular Psychology/
Popular History/Fashion
Publication date: April 4, 2023

Pages: 168
RRP: £14.99
ISBN Hardback: 978-1-912559-49-7

BRAINSPOTTING ADVENTURES IN NEUROLOGY

A. J. Lees



Brainspotting (noun): a powerful, and simultaneous, form of diagnosis and treatment.

As a trainee doctor, Andrew Lees was enthralled by neurologists who combined the precision of mathematicians, the scrupulosity of entomologists and the solemnity of undertakers in their diagnoses and treatments. Today, this kind of 'holistic neurology' is on the brink of extinction. In this brilliant new book, Andrew Lees takes us on a kind of Sherlock Holmes tour of neurology, giving the reader insight into the deep analytical tools that the best neurologists still rely on to diagnose patients: to heal minds and to fix brains.

Dr Andrew Lees is a Professor of Neurology at the National Hospital, London. He is one of the three leading Parkinson's disease researchers in the world and is the author of several books, including *Ray of Hope*, *The Silent Plague*, *Mentored by a Madman* and *Brazil That Never Was*.

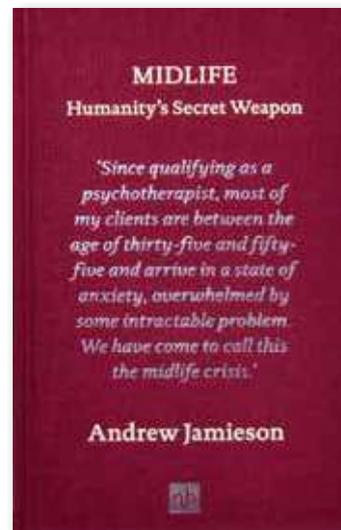


Categories: Popular Science/Memoir
Publication date: March 22, 2022
Pages: 170

RRP: £14.99
ISBN Hardback: 978-1-912559-36-7

MIDLIFE Humanity's Secret Weapon

Andrew Jamieson



Only two species of mammal have a post-reproductive life that lasts longer than their reproductive life – the killer whale and the *Homo sapiens* – and the evolutionary purpose of our extended years remains a mystery. Psychoanalyst Carl Jung, however, observed that successful cultures find an equilibrium between the energy of those in the ego-driven first half of life and the wisdom of those in the second, but to make it to that second half of life, we need to traverse the dreaded 'middle years'. Drawing on history, psychology, science and literature, Jamieson shows how ubiquitous, how crucial and how misunderstood the 'midlife crisis' is, and the devastating consequences for society at large if we continue to regard it as something we can, and should, avoid.

Andrew Jamieson trained at the Bath Centre for Psychotherapy and Counselling and received an MA in Humanistic and Integrative Psychotherapy at Middlesex University. He lectures and writes widely on a series of subjects, including psychotherapy's interconnection with philosophy, music and literature.

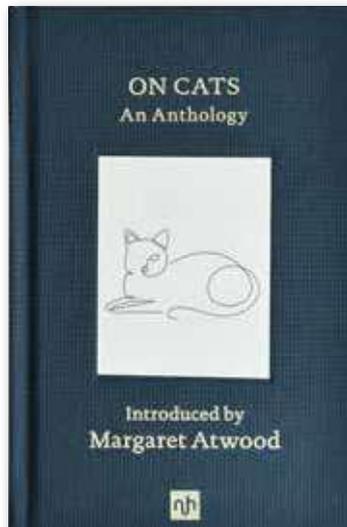


Categories: Popular psychotherapy,
popular philosophy, popular science
Publication date: May 10, 2022

Pages: 170
RRP: £14.99
ISBN Hardback: 978-1-912559-38-1

ON CATS: An Anthology

Introduced by Margaret Atwood



A companion edition to NHE's bestselling *On Dogs*, this beautiful gift book contains a selection of essays, stories and poems on cats, introduced by Margaret Atwood.

Freud considered his cat an embodiment of true egoism. Hilaire Beloc found peace in his feline companion's complacency; and Hemingway – a famous cat-lover – wrote of drinking with his eleven cats and the pleasant distraction they gave him; Muriel Spark gives practical advice on how to teach a cat to play ping-pong; Sylvia Plath describes the archetype 'cat lady' in her famous poem 'Ella Mason and her Eleven Cats'; VS Naipaul discovers, on adopting a stray, that 'around this simple love of cats was a whole culture I knew nothing about'. These writers, and many others, paint a joyful portrait of cats. As Hemingway wrote, 'one cat leads to another'.

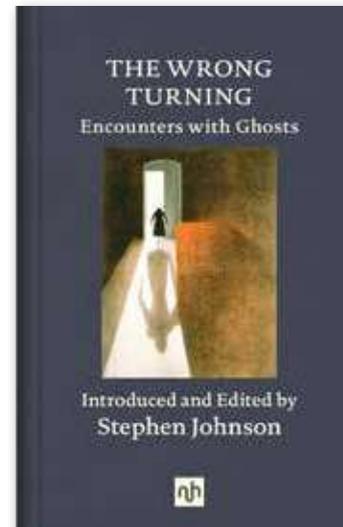
Margaret Atwood is the author of more than fifty books, including *The Testaments* (co-winner of the 2019 Booker Prize), *Cat's Eye*, *Alias Grace*, *The Blind Assassin* (winner of the 2000 Booker Prize), and *Hag-Seed*.

Categories: *Literary Anthology/ Animals*
Publication date: *November 2, 2021*

Pages: 172
RRP: £14.99
ISBN Hardback: 978-1-912559-32-9

THE WRONG TURNING: Encounters with Ghosts

Stephen Johnson



A curated selection of chilling ghost stories from world literature, introduced and edited by broadcaster Stephen Johnson. What these tales of the supernatural have in common is the theme of taking a 'wrong turning' in which the protagonists are made to face their darkest fears. In the spirit of a fireside storyteller, each tale has an afterword by Stephen Johnson, to suggest what the story might really be telling us.

Old favourites include M.R. James, Bram Stoker, Emily Brontë, and Alexander Pushkin. With such expert guides, who knows what we will be led to encounter in the haunted chambers of our minds?

Stephen Johnson has taken part in several hundred radio programmes and documentaries. He is also presenter on the Classic Arts podcast series *Archive Classics*. He is the author of several books including *The Eighth: Mahler and the World in 1910* (Faber) and *How Shostakovich Changed My Mind* (NHE)

Categories: *Ghost stories/Literary anthology*
Publication date: *October 5, 2021*

Pages: 190
RRP: £14.99
ISBN Hardback: 978-1-912559-30-5

FRIDA KAHLO AND MY LEFT LEG

Emily Rapp Black

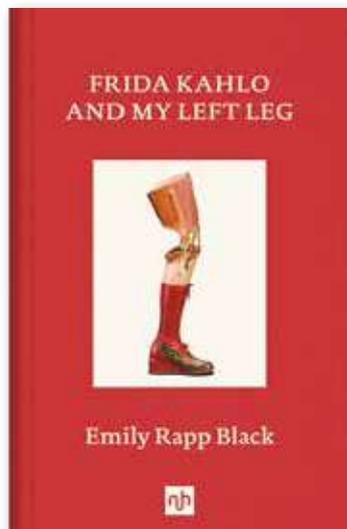


Image: Catherine Davis

New York Times bestselling author Emily Rapp Black describes how Frida Kahlo's disabilities and art shaped her life.

From the first sight of Kahlo's painting of the devastating bus crash that almost killed her, Rapp Black, herself an amputee since the age of four, felt a sense of kinship with the artist. They both endured numerous operations; both alternately hid and revealed their altered bodies; and both found a way to live and create despite physical and emotional pain.

In this moving essay, Rapp Black writes of how Kahlo's work helped her to find a way forward when all seemed lost.

Containing several full colour images of Kahlo's art and clothing.

Emily Rapp Black is the author of *Poster Child: A Memoir*, and *The Still Point of the Turning World*, a *New York Times* bestseller and an Editor's Pick. Her work has appeared in numerous publications including *Vogue*, *The New York Times*, *Time*, *The Wall Street Journal*, *O the Oprah Magazine*, and the *Los Angeles Times*.

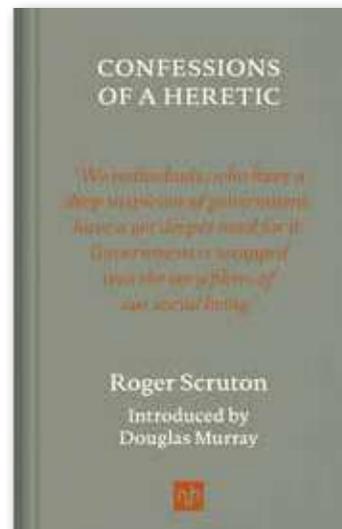
Categories: *Memoir/Art/Biography*
 Publication date: *June 15, 2021*
 Pages: 156

RRP: £14.99
 ISBN Hardback: 978-1-912599-26-8

CONFESSIONS OF A HERETIC: Revised Ed.

Roger Scruton

Introduced by Douglas Murray



A revised edition of NHE's bestselling title by the late Roger Scruton, with a new introduction by Douglas Murray.

Each 'confession' reveals aspects of the author's thinking that his critics advised him to keep to himself. Writing on subjects from art and architecture to politics and nature conservation, Scruton challenges popular opinion on key aspects of our culture: what can we do to protect Western values against Islamist extremism? How can we nurture real friendship through social media? Why is the Nation State worth preserving? How should we achieve a timely death against the advances of modern medicine?

In the introduction by bestselling author and journalist Douglas Murray, he writes of the prescience of these ideas after Scruton's death.

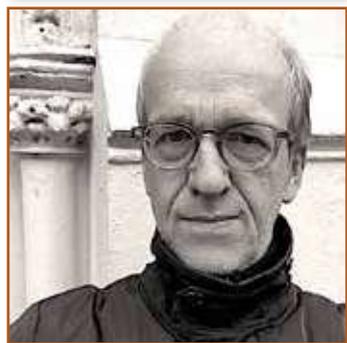
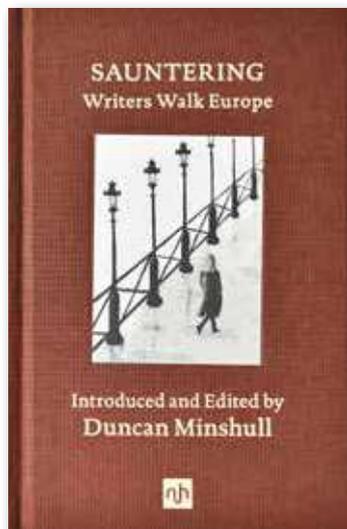
Roger Scruton (1944-2020) was a philosopher, polemicist and author of over 40 books, including *Notes from Underground* (2014), and *Fools, Frauds and Firebrands: Thinkers of the New Left* (2015). He specialised in aesthetics with particular attention to music and architecture.

Categories: *Politics/Culture/ Literary Essay*
 Publication date: *July 1, 2021*

Pages: 192
 RRP: £14.99
 ISBN Hardback: 978-1-912599-34-3

SAUNTERING: Writers Walk Europe

Introduced and Edited by Duncan Minshull



This latest collection of walking literature from Notting Hill Editions celebrates the allure of the Continent. A companion volume to NHE's bestselling *BENEATH MY FEET: Writers on Walking*.

Sauntering features sixty walker-writers who roam Europe by foot. Twenty-two countries are traversed. We join Henriette D'Angeville, the second woman to climb Mont Blanc; Nellie Bly roaming the trenches of the First World War; Werner Herzog on a personal pilgrimage through Germany; Hans Christian Andersen in quarantine; Joseph Conrad in Cracow; Rebecca Solnit re-imagining change on the streets of Prague; and Robert Macfarlane dropping deep into underground Paris.

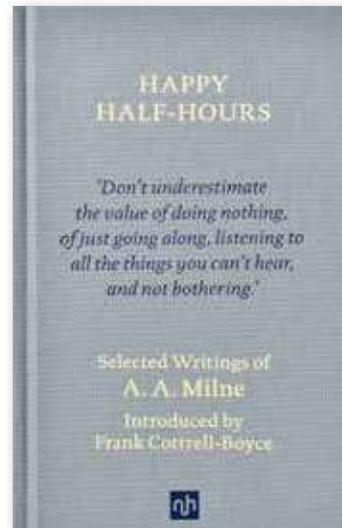
Duncan Minshull, described as 'the laureate of walking' is a freelance audio producer and anthologist. His publications include *Beneath My Feet: Writers on Walking* (Notting Hill Editions); *While Wandering* (Vintage); and *The Burning Leg* (Hesperus Press). He has described the joys of traveling on foot for various publications including *The Times*, *Daily Telegraph*, *Guardian*, *Conde Nast Traveller*, and *Vogue*.

Categories: *Literary Anthology/Walking/Travel*
 Publication date: *March 9, 2021*

Pages: 184
 RRP: £14.99
 ISBN Hardback: 978-1-912559-24-4

HAPPY HALF-HOURS**A.A. Milne**

Introduced by Frank Cottrell-Boyce



© Macmillan Children's Books

A delightful selection of articles by the ever-popular A.A. Milne introduced by the prize-winning children's author Frank Cottrell-Boyce.

A.A. Milne was a successful writer long before Winnie-the-Pooh made him famous. Milne had a talent for regularly turning out a thousand whimsical words on lost hats and umbrellas, golf, married life, cheap cigars, and any amount of life's little difficulties. This anthology includes his fiercely argued writings on pacificism. *Happy Half-Hours* features the very best of A.A. Milne in one delightful volume.

'One of this season's hidden gems.' – Michael DIRDA, *Washington Post*

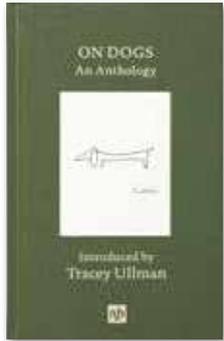
Frank Cottrell-Boyce is a children's novelist who won the Carnegie medal for *Millions* in 2004 and *The Guardian* Children's Fiction prize for *The Unforgotten Coat* in 2013. His other books include *Framed*, *Cosmic*, *The Astounding Broccoli Boy* and *Runaway Robot*. Cottrell-Boyce's films include *Goodbye Christopher Robin* (2017) about the lives of A.A. Milne and his family.

Categories: *Literature / Humour*
 Publication date: *October 20, 2020*
 Pages: 184

RRP: £14.99
 ISBN Hardback: 978-1-912559-05-3

ON DOGS: An Anthology

Introduced by Tracey Ullman



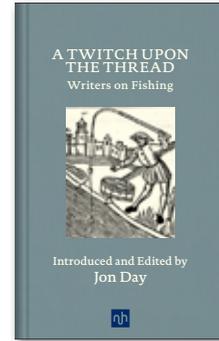
From Roald Amundsen's account of using sled dogs in his expedition to the South Pole to J.R. Ackerley's tender portrayal of his ill-behaved dog Tulip, the writers collected in *On Dogs* reflect on the joys and pitfalls of dog ownership with wit and affection. With an introduction by Tracey Ullman (an inveterate adopter of strays), and 6 characterful dog portraits by photographer Rhian ap Gruffydd. Contributors include Shakespeare, Thurber, Miranda Hart, Jack London, David Sedaris, A.A. Gill, Brigitte Bardot and more.

Categories: *Literary Anthology*
 Publication date: *November 7, 2019*
 Pages: 192

RRP: £14.99
 ISBN Hardback: 978-1-912559-15-2

A TWITCH UPON THE THREAD: Writers on Fishing

Introduced and Edited by Jon Day



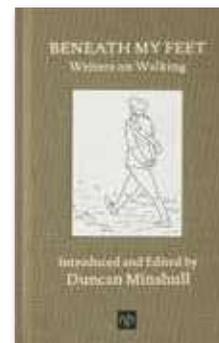
The best fishing writing is never only about fishing, and the writers collected in this anthology use angling as a way to write about love, loss, faith, and obsession. This is a collection of fishing writing ranging from medieval times to the present, taking the reader from riverbank to open ocean, from the shore to the depths. Read it and be hooked.

Jon Day is a writer, academic, and angler. His first book, *Cyclogeography: Journeys of a London Bicycle Courier*, was published by Notting Hill Editions in 2015.

Categories: *Literary Anthology/Sport* RRP: £14.99
 Publication date: *May 2, 2019* ISBN Hardback: 978-1-912559-13-8
 Pages: 196

BENEATH MY FEET: Writers on Walking

Introduced and Edited by Duncan Minshull



Walking and writing have always gone together. Think of the poets who walk out a rhythm for their lines and the novelists who put their characters on a path. *Beneath My Feet* rounds up the most memorable walker-writers from the 1300s to the present day, from country hikers to urban strollers.

Follow in the footsteps of Virginia Woolf, George Sand, Rebecca Solnit, Will Self, and dozens more. Keep up with them - and be astonished.

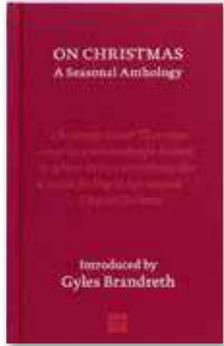
Categories: *Literary Anthology* RRP: £14.99
 Publication date: *October 30, 2018* ISBN Hardback: 978-1-910749-98-2
 Pages: 192



Anthologies

ON CHRISTMAS: A Seasonal Anthology

Introduced by Gyles Brandreth



A seasonal anthology of Christmas-themed writings to savour during the highs and lows of Christmas Day.

This delightful book offers a diverse array of classic and contemporary writers who have expressed their thoughts about Christmas over the centuries – with joy, nostalgia, grumpiness, and wit. Includes selections from classic and contemporary writers including Dostoevsky, Dickens, A.A. Milne, Samuel Pepys, C.S. Lewis, Ali Smith and Will Self.

Categories: *Literary / Anthology*

RRP: £14.99

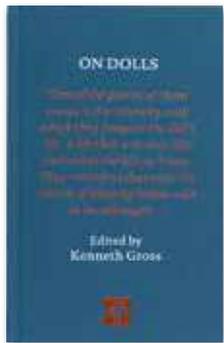
Publication date: *November 1, 2017*

ISBN Hardback: 978-1-910749-68-5

Pages: 188

ON DOLLS

Introduced and Edited by Kenneth Gross



The essays in this collection explore the seriousness of play and the mysteries of inanimate life, which have resulted in some of the most profound passages in Baudelaire and Kleist, Rilke and Freud, Kafka and Walter Benjamain, Bruno Schulz and Dennis Silk, Elizabeth Bishop and Marina Warner.

‘Gross brings together in one beautiful volume key texts about the uncanny world of inanimate beings.’ – *The Guardian*

Categories: *Literary Anthology*

RRP: £14.99

Publication date: *Autumn 2012*

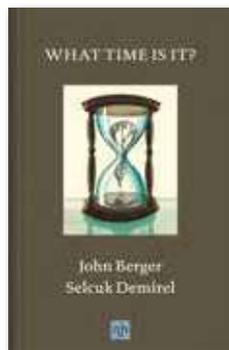
ISBN Hardback: 978-1-907903-53-3

Pages: 152



WHAT TIME IS IT?

John Berger / Selçuk Demirel - Introduced by Maria Nadotti



The last book that John Berger wrote was this precious little volume about time, now posthumously published for the first time in English.

What Time Is It? is a profound and playful meditation on the illusory nature of time. Berger posits the idea that time can lengthen lifetimes once we seize the present moment.

Illustrated throughout in full colour by Selçuk Demirel in his inventive style and introduced by Berger's friend Maria Nadotti.

Categories: *Philosophy/Art*

RRP: £14.99

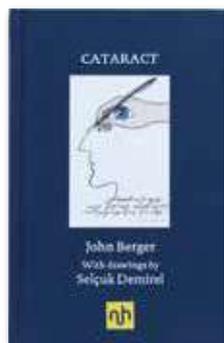
Publication date: *September 25, 2019*

ISBN Hardback: 978-1-912559-14-5

Pages: 120

CATARACT

John Berger and Selçuk Demirel



What happens when cataracts rob an art critic of his sight?

Notes and reflections by one of our great soothsayers of seeing, John Berger, on the minor miracle of cataract surgery. Berger joins forces with Turkish illustrator Selçuk Demirel to reflect on his experience of loss of vision.

'Cataract from Greek kataraktes, meaning waterfall or portcullis, an obstruction that descends from above.' - John BERGER

Categories: *Art/Literary*

RRP: £14.99

Publication date: *Spring 2011*

ISBN Hardback: 978-1-907903-32-8

Pages: 68

ISBN E-Book: 978-1-907903-33-5

SMOKE

John Berger and Selçuk Demirel



John Berger, art critic, novelist and long-time smoker, joins forces again with Turkish writer and illustrator Selçuk Demirel. This charming pictorial essay reflects on the cultural implications of smoking through a series of brilliantly inventive illustrations.

'Smoke really is a gift, only not one that you merely purchase—Berger always hated the idea of art as commodity. [...] Smoke, for those who will have it, is a cigarette of late style.' – Jonathan STURGEON, *Art in America*

Categories: *Art / Culture / Literary*

RRP: £14.99

Illustrations: *45 illustrations*

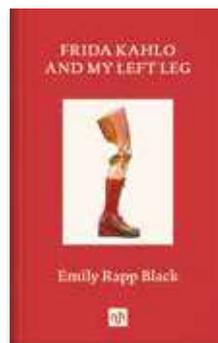
ISBN Hardback: 978-1-910749-47-0

Pages: 74

ISBN E-Book: 978-1-910749-48-7

FRIDA KAHLO AND MY LEFT LEG

Emily Rapp Black



At first sight of Kahlo's painting *The Two Fridas*, Emily Rapp Black felt an instant connection with the artist.

An amputee from childhood, Rapp Black grew up with prosthetic limbs and learned to hide her disability while Kahlo sustained lifelong injuries after a bus crash and had her right leg amputated. In Kahlo's art, Rapp Black recognised the compulsion to create to silence pain and learned to accept her body.

Categories: *Memoir/Art/Biography*

RRP: £14.99

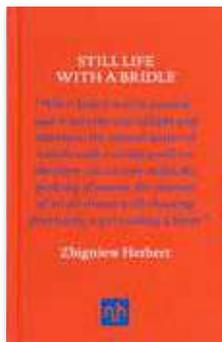
Publication date: *June 15, 2021*

ISBN Hardback: 978-1-912599-26-8

Pages: 156

STILL LIFE WITH A BRIDLE

Zbigniew Herbert



In these pages of prose, the poet Zbigniew Herbert brings the Dutch 17th century alive: the people, as they bid crippling sums of money for one bulb of a new variety of tulip; the painters like Torrentius who loved women, was persecuted for heresy and whose paintings disappeared – all but one, named 'Still Life with a Bridle'...

'This Aladdin-like journey through history and the Flemish landscape has the suspense and flawlessness of a dream.' Edna O'BRIEN

Categories: Art / History / Literary

RRP: £14.99

Publication date: Spring 2012

ISBN Hardback: 978-1-907903-49-6

Pages: 128

FIVE WAYS OF BEING A PAINTING and other essays



Contributors: William Max Nelson, Laura Esther Wolfson, Garret Keizer, Karen Holmberg, Patrick McGuinness, Dasha Shkurpela.

This volume brings together the six winners of the £20,000 Notting Hill Editions Essay Competition, one of the top ranking literary prizes in the world. Covering an array of subjects, from the meaning of art to supermarket shopping, these pieces were chosen for their originality, literary style, and their ability to persuade.

Categories: Essay Collections

RRP: £14.99

Pages: 172

ISBN Hardback: 978-1-910749-20-3

ISBN E-Book: 978-1-910749-21-0

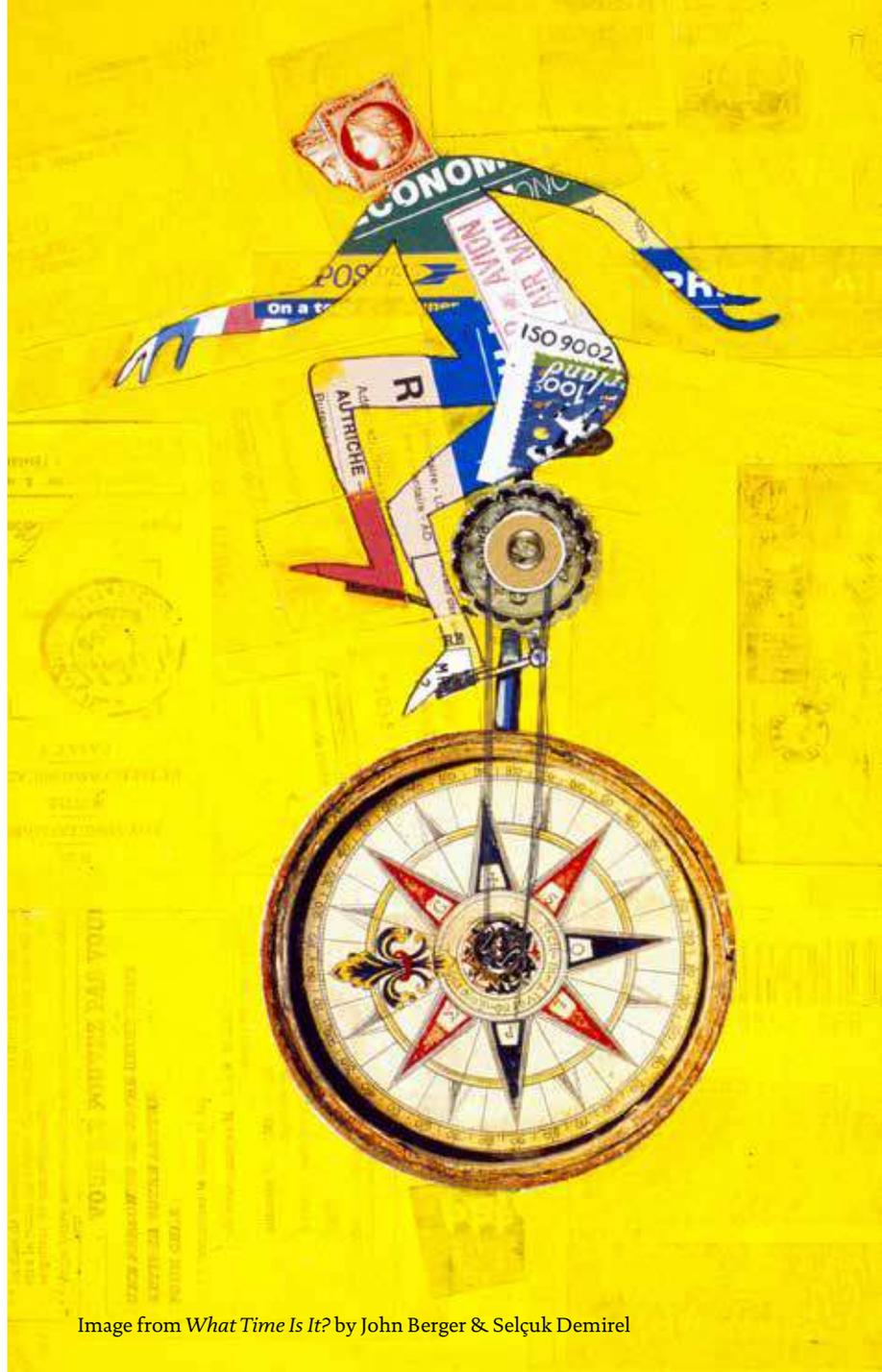


Image from *What Time Is It?* by John Berger & Selçuk Demirel

NAIRN'S TOWNS

Ian Nairn, Introduced by Owen Hatherley



These essays show the late, great architectural critic Ian Nairn writing about cities and towns as a whole rather than as collections of individual buildings.

Sixteen short essays on places as varied as Glasgow and Norwich, Llanidloes and Sheffield, by the finest English architectural writer of the twentieth century.

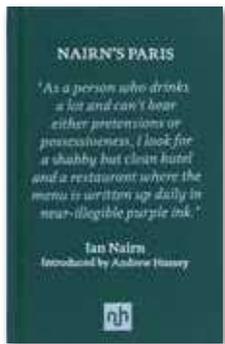
'It [Nairn's Towns] should be kept in the glove-box of every car...' *Standpoint Magazine*

Categories: Architecture/Culture/Travel
Pages: 272
Illustrations: 15 B&W photographs

RRP: £14.99
ISBN Hardback: 978-1-907903-81-6
ISBN E-Book:

NAIRN'S PARIS

Ian Nairn, Introduced by Andrew Hussey



Last printed in 1968, this is a unique guidebook from the late, great architectural writer Ian Nairn. Illustrated with the author's snaps of the city, Nairn gives his readers an idiosyncratic and unpretentious portrait of the 'collective masterpiece' that is Paris.

'In Nairn's Paris the City of Light gets the flâneur it deserves: passionate, bilious, eloquently melancholy... At his best [Nairn] has no equal.'
– David COLLARD

Categories: Architecture/Culture/Travel
Pages: 228
Illustrations: 15 B&W photographs

RRP: £14.99
ISBN Hardback: 978-1-910749-49-4
ISBN E-Book: 978-1-910749-50-0

JUNKSPACE with RUNNING ROOM

Rem Koolhaas/Hal Foster



In *Junkspace* (2001), architect Rem Koolhaas itemised in delirious detail how our cities are being overwhelmed. His celebrated jeremiad is here updated and twinned with *Running Room*, a fresh response from architectural critic Hal Foster.

Is there a future for architecture? If so, it might begin with the meditations – by turns elegant and frantic – of Rem Koolhaas and Hal Foster: 'even if there is no outside to Junkspace, there is still running room to be made in its cracks...'

Categories: Architecture / Culture
Publication date: Spring 2013
Pages: 94

RRP: £14.99
ISBN Hardback: 978-1-907903-76-2



BRAINSPOTTING: Adventures in Neurology

A. J. Lees



In this series of brilliant autobiographical essays, Lees takes us on a grand tour of his neurological career, giving the reader insight into the art of listening, observation and imagination that the best neurologists still rely on to heal minds and fix brains.

‘Subtle, brilliant and unputdownable... A remarkable book.’ *Robert McCrum*

Categories: *Popular Science/Memoir*

RRP: £14.99

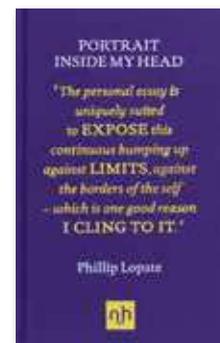
Publication date: *March 22, 2022*

ISBN Hardback: *978-1-912559-36-7*

Pages: 170

PORTRAIT INSIDE MY HEAD

Phillip Lopate



In this revealing collection of personal essays, renowned essayist Phillip Lopate shares his unique view on the big subjects of parenthood, marriage, sex, friendship and ‘the nail parings of daily life’.

At turns funny, tender and searingly honest, he searches with a cool eye for that elusive truth about himself and the world.

Categories: *Literary/Memoir*

RRP: £14.99

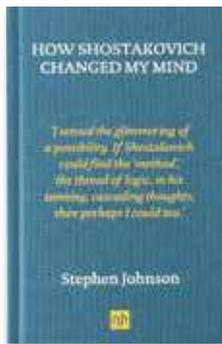
Publication date: *February 20, 2015*

ISBN Hardback: *978-1-907903-96-0*

Pages: 172

HOW SHOSTAKOVICH CHANGED MY MIND

Stephen Johnson



Music broadcaster Stephen Johnson explores the power of Shostakovich’s music, and writes of the extraordinary healing effect of music on sufferers of mental illness. Johnson looks at neurological, psychotherapeutic and philosophical findings, and reflects on his own experience, where he believes Shostakovich’s music helped him survive the trials and assaults of bipolar disorder.

‘One of the most powerful, honest, and profound revelations that exists on what it is that music is and does: it’s just an essential document.’
– Tom SERVICE, *Music Matters*

Categories: *Music/Memoir/Psychology*

Publication date: *April 2018*

Pages: 172

RRP: £14.99

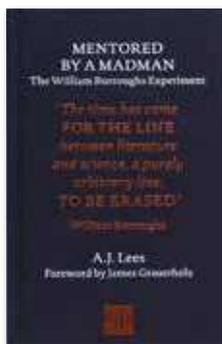
ISBN Hardback: 978-1-910749-45-6

ISBN Paperback: 978-1-912559-20-6

ISBN E-Book: 978-1-912559-06-0

MENTORED BY A MADMAN

The William Burroughs Experiment A.J. Lees



In this extraordinary memoir, neuroscientist Andrew Lees explains how William Burroughs, author of *Naked Lunch* and troubled drug addict, inspired his medical career. Lees follows Burroughs into the rainforest and under the influence of yagé (ayahuasca) gains insights that encourage him to pursue new lines of pharmacological research and explore new forms of science.

‘The inevitable comparison with the late, great Oliver Sacks is entirely just.’ – Raymond TALLIS

Categories: *Medicine/Memoir/*

Science/Literary

Publication date: *May 2016*

Pages: 192

RRP: £14.99

ISBN Hardback: 978-1-910749-10-4

ISBN Paperback: 978-1-912559-12-1

ISBN Ebook: 978-1-910749-84-5

FOUND AND LOST: Mittens, Miep, and Shovefuls of Dirt

Alison Leslie Gold



A memoir from the holocaust writer Alison Leslie Gold, told through a series of letters. The letters tell of her early activism; her descent into addiction and alcoholism; her fateful meeting with Miep Gies (who sheltered the Anne Frank family), and her subsequent recovery.

‘Compelling’ – *Times Literary Supplement*

Categories: *Memoir /Literary*

Publication date: *October 2017*

Pages: 220

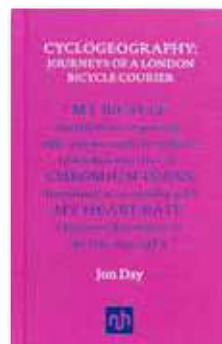
RRP: £14.99

ISBN Hardback: 978-1-910749-59-3

ISBN E-Book: 978-1-910749-89-0

CYCLOGEOGRAPHY: Journeys of a London Bicycle Courier

Jon Day



Cyclogeography is an essay about the bicycle in the cultural imagination and a portrait of London written from the saddle. Informed by his years spent as a bicycle courier, Jon Day reflects on the way bicycles connect people with places. Parasitic on the city, couriers have an intimate knowledge of London, and for those who survive the grinding toughness of the job the bicycle can become the only thing holding them together.

‘...a bold and clever book. It fascinated me from first page to last.’ – Robert MACFARLANE

Categories: *Literary/Memoir/*

Special Interest

Publication date: *May 2016*

Pages: 172

RRP: £14.99

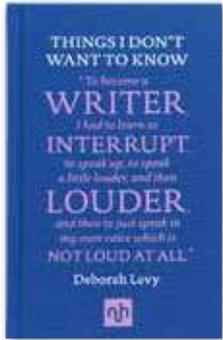
ISBN Hardback: 978-1-907903-99-1

ISBN Paperback: 978-1-910749-27-2

ISBN Ebook: 978-1-910749-76-0

THINGS I DON'T WANT TO KNOW

Deborah Levy



Deborah Levy uses George Orwell’s famous list of motives for writing as the jumping-off point for a sequence of thrilling reflections on the writing life.

‘Levy’s prose throbs its way into the imagination.’ *The Observer*

Deborah Levy is the author of seven novels including *The Unloved*, *Diary of a Steak*, *Billy & Girl*, *Swimming Home*, and *Hot Milk*. She has been shortlisted twice for the Booker Prize, in 2012 and 2016.

Categories: *Literary / Memoir*
Pages: 116

RRP: £14.99
ISBN Hardback: 978-1-907903-63-2

MY KATHERINE MANSFIELD PROJECT

Kirsty Gunn



In 2009 Kirsty Gunn returned to spend the winter in her home town of Wellington, New Zealand, the place where Katherine Mansfield also grew up. In this lyrical essay she explores the idea of home and belonging.

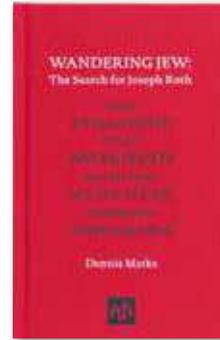
Kirsty Gunn is the recipient of several awards including the New York Times Notable Book Award and the James Tait Black Memorial Prize.

Categories: *Literary / Memoir*
Pages: 176

RRP: £14.99
ISBN Hardback: 978-1-910749-04-3

WANDERING JEW: The Search for Joseph Roth

Dennis Marks



Joseph Roth, whose many novels include *The Radetsky March*, was one of the most enigmatic writers of the 20th Century. He was a perpetual traveller, a prophet, a compulsive liar, and a man who covered his tracks. Dennis Marks makes a journey through the eastern borderlands of Europe to uncover the truth about Roth’s lost world.

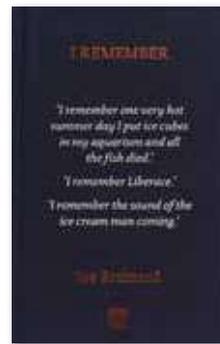
‘This is history at its most vivid.’ – *The Times*

Categories: *Biography/Literary/History*
Publication date: *Autumn 2011*
Pages: 140

RRP: £14.99
ISBN Hardback: 978-1-907903-04-5

I REMEMBER

Joe Brainard



Joe Brainard’s *I Remember* is a cult classic. As autobiography, Brainard’s method was brilliantly simple: to set down specific memories (‘everything is interesting, sooner or later’) as they rose to the surface of his consciousness, each prefaced by the refrain ‘I remember’.

Categories: *Literary*
Publication date: *Autumn 2012*
Pages: 208

RRP: £14.99
ISBN Hardback: 978-1-907903-57-1

DENIAL: The Unspeakable Truth

Keith Kahn-Harris



Denialism comes in many forms, often dressed in the garb of scholarship or research. It's certainly insidious and pernicious, but what if, as Keith Kahn-Harris asks, it actually cloaks much darker, unspeakable, desires? If denialists could speak from the heart, what would we hear?

Kahn-Harris sets out not to unpick denialists' arguments, but to investigate what lies behind them. The conclusions he reaches are shocking and uncomfortable. In a world of 'fake news' and 'post-truth', are the denialists about to secure victory?

Categories: *Sociology / Politics*

Publication date: *September 13, 2018*

Pages: 204

RRP: £14.99

ISBN Hardback: 978-1-910749-96-8

ISBN E-Book: 978-1-910749-97-5

WE ARE NOT AFRAID

Gila Lustiger



Awarded the Horst Bingel Prize 2016 and the Stefan Andres Prize 2017.

In 2015 a terrifying new era began for Paris and the rest of Europe: the brutal attack on the staff of Charlie Hebdo and the terrorist attacks on Paris that killed 130 people. The terrorists were born and bred on French soil.

In this award-winning essay, Parisian writer Gila Lustiger explores the historical, political and social conditions that give rise to terrorism and suggests how we might 'set the world back on course'.

Categories: *Politics/Sociology/History*

Publication date: *July 20, 2017*

Pages: 144

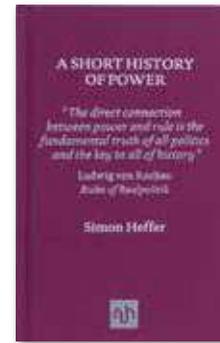
RRP: £14.99

ISBN Hardback: 978-1-910749-53-1

ISBN E-Book: 978-1-910749-54-8

A SHORT HISTORY OF POWER

Simon Heffer



From Macaulay in the nineteenth century to Fukuyama in the late twentieth, historians have often been lulled into thinking that things can only get better. But do they? Taking a panoramic view from the days of Thucydides up to the present, celebrated historian, journalist and political commentator Simon Heffer analyses the motive forces behind the pursuit of power and shows why history is destined to repeat itself.

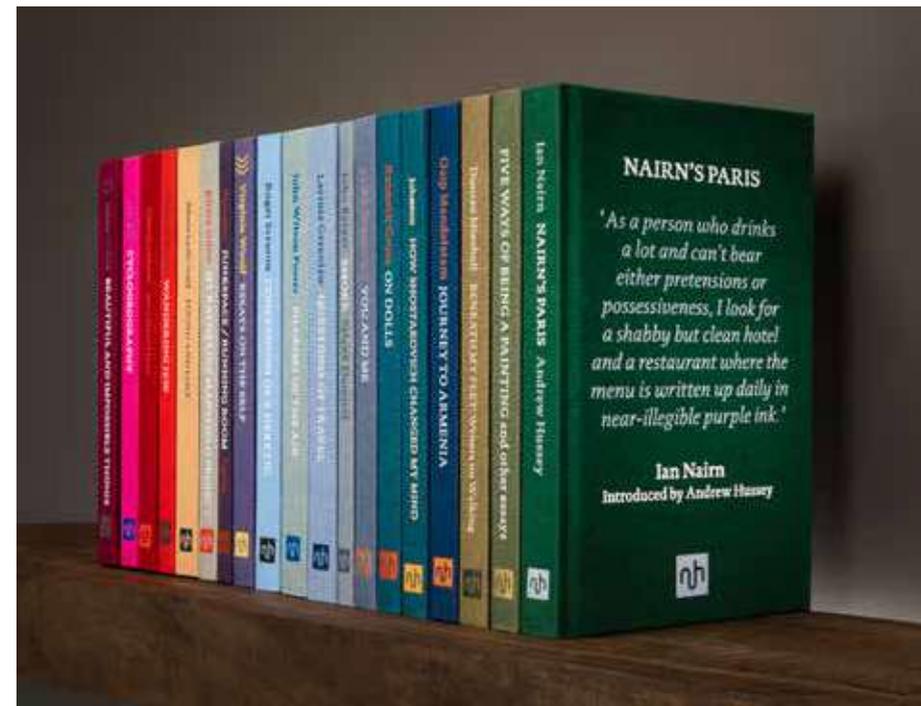
Categories: *Politics/History*

Publication date: *April 28, 2011*

Pages: 192

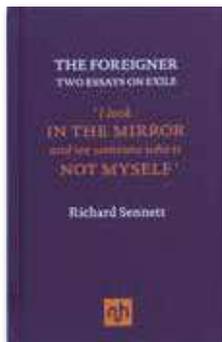
RRP: £14.99

ISBN Hardback: 978-1-907903-20-5



THE FOREIGNER: Two Essays on Exile

Richard Sennett



Richard Sennett has spent an intellectual lifetime exploring how humans live in cities. In this pair of essays he visits two of the world's greatest cities at crucial moments in their history: the Jewish Ghetto of Renaissance Venice and 19th-century Paris, a magnet for political exiles, uncovering some surprising consequences.

Categories: *History/Politics/Sociology*

Publication date: *Spring 2011*

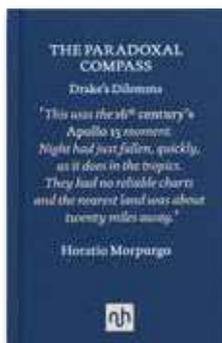
Pages: 110

RRP: £14.99

ISBN Hardback: 978-1-907903-08-3

THE PARADOXAL COMPASS: Drake's Dilemma

Horatio Morpurgo



The Paradoxal Compass is both historical narrative and environmental manifesto. As the modern world continues to plunder the 'infinite store' of the earth's riches, Morpurgo explores how our abusive relationship with the natural world began in the Age of Discovery. Morpurgo dramatises the perilous hours during which Drake's Golden Hinde was stranded on a reef off the coast of Indonesia, and asks what was really at the heart of Drake's violent quarrel with Fletcher, the ship's chaplain.

Categories: *History / Environment*

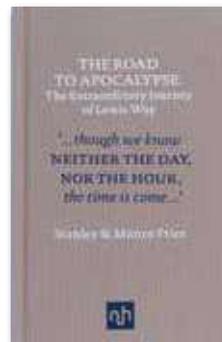
Publication date: *June 1, 2017*

Pages: 192

RRP: £14.99

ISBN Hardback: 978-1-910749-51-7

ISBN E-Book: 978-1-910749-52-4

THE ROAD TO APOCALYPSE**The Extraordinary Journey of Lewis Way** Stanley & Munro Price

In 1811 eccentric millionaire Lewis Way had an epiphany on the road to Exmouth. From that moment he devoted himself to one goal: the return of the Jews to the Holy Land.

This essay reveals a forgotten life story and the strange roots of the American Christian Right's current support for the state of Israel.

Categories: *History/Religion*

Publication date: *Autumn 2011*

Pages: 148

RRP: £14.99

ISBN Hardback: 978-1-907903-26-7

PILGRIMS OF THE AIR: The Passing of the Passenger Pigeon

John Wilson Foster



This is a story of the rapid and brutal extinction of the once abundant Passenger Pigeon. In its fate we can read much of the story of Wild America and the ruthless exploitation of the natural world. The story of the bird's fate reminds us of the essential vulnerability of species.

'Every page of this book is lit by a sense of wonder.'
– Michael Longley.

Categories: *History*

Publication date: *Autumn 2011*

Pages: 240

RRP: £14.99

ISBN Hardback: 978-1-907903-65-6

QUESTIONS OF TRAVEL: William Morris in Iceland

Lavinia Greenlaw



The Victorian artist and activist William Morris was fascinated by Iceland which inspired him to write one of the masterpieces of travel literature. Poet Lavinia Greenlaw combines excerpts from his Icelandic writings with her own response to the country. The result is a new and composite work, which brilliantly explores our conflicted reasons for not staying at home.

Categories: *Travel/Literary*
 Publication date: *Spring 2011*
 Pages: 224

RRP: £14.99
 ISBN Hardback: 978-1-907903-18-2
 ISBN Paperback: 978-1-910749-56-2

JOURNEY TO ARMENIA

Osip Mandelstam



Mandelstam was a Russian poet and essayist. He visited Armenia in 1930 and during his stay he was inspired to write an experimental meditation on the country and its transient culture.

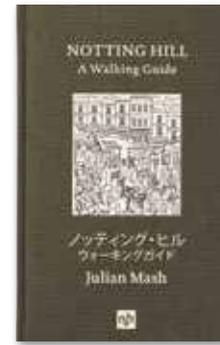
'Journey was the last piece Mandelstam saw published, and it takes its place among the outstanding masterpieces of twentieth century literature.' – Bruce CHATWIN

Categories: *Travel/Literary*
 Publication date: *Autumn 2011*
 Pages: 192

RRP: £14.99
 ISBN Hardback: 978-1-907903-47-2

NOTTING HILL: A Walking Guide

Julian Mash



A delightful English/Japanese pocket-sized guide to London's most popular district.

Through four walks, London writer Julian Mash uncovers the history, culture and fascinating characters that have made Notting Hill so iconic.

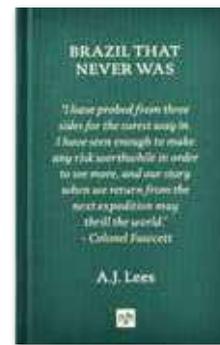
Beautifully laid out including several photographic images and four hand-drawn maps, the guide will appeal to both tourists and residents alike.

Categories: *Travel/History/Guidebook*
 Publication date: *July 10, 2018*
 Pages: 172

RRP: £13.50
 ISBN Hardback: 978-1-910749-94-4
 ISBN E-Book: 978-1-910749-95-1

BRAZIL THAT NEVER WAS

A.J. Lees



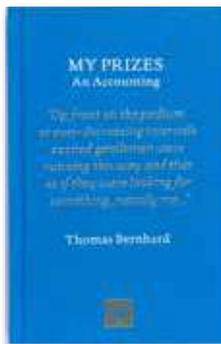
When A. J. Lees was a boy his father gave him a dog-eared book called Exploration Fawcett. It told the true story of a Colonel Percy Fawcett, an explorer who in 1925 had gone in search of a lost city in the Amazon and never returned. Years later, now a successful neurologist, Lees set off in search of the mysterious figure of Fawcett. What he found exceeded his wildest imaginings. Part travelogue, part memoir, Lees paints a portrait of an elusive Brazil and a flawed explorer whose doomed mission saved lives.

Categories: *Travel/Memoir*
 Publication date: *Sept 15, 2020*
 Pages: 152

RRP: £14.99
 ISBN Hardback: 978-1-912559-21-3

MY PRIZES

Thomas Bernhard



A brilliantly mordant memoir of the background and circumstances of nine literary prizes awarded to Austrian novelist and *enfant terrible*, Thomas Bernhard between 1963 and 1980, followed by some of the speeches he delivered on these occasions.

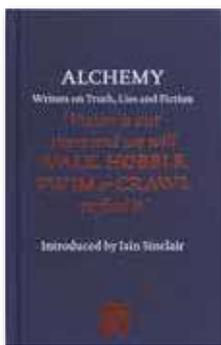
'Thank goodness for Thomas Bernhard, the most truthful, the funniest and the most musical of writers since Marcel Proust.' – Gabriel JOSIPOVICI

Categories: *Literary Anthology*
Pages: 128

RRP: £14.99
ISBN Hardback: 978-1-907903-44-1

ALCHEMY: Writers on Truth, Lies and Fiction

Introduced by Iain Sinclair



We live in a world of docu-drama, in which the 'real life' story is held in higher regard than fiction. Where does that leave the imagination?

Five writers grapple with reality and fiction, and the alchemical process of turning life into art. As Iain Sinclair frames it in his luminous introduction, they try to explain the impulse to write 'by way of personal anecdote, revelation, or hopeful punt in the dark.' Contributors: *Joanna Kavenna, Gabriel Josipovici, Benjamin Markovits, Partou Zia, Anakana Schofield.*

Categories: *Literary Anthology*
Publication date: *August 31, 2016*
Pages: 176

Illustrations: 5 colour reproductions
RRP: £14.99
ISBN: 978-1-910749-16-6

ATTENTION! A (SHORT) HISTORY

Joshua Cohen



A dazzling meditation on the philosophical, scientific, and historical roots of attention, an attempt to pin down this elusive state of being.

'Intelligent, lyrical, prosaic, theoretical, pragmatic, funny, serious. His best prose does everything at once.'
– James WOOD

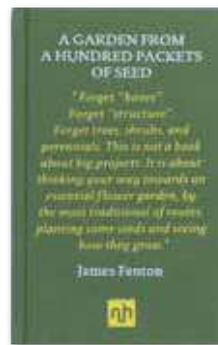
Categories: *Literary/Sociology/ Culture*

Publication date: *Spring 2013*
Pages: 248

RRP: £14.99
ISBN Hardback: 978-1-907903-61-8

A GARDEN FROM A HUNDRED PACKETS OF SEEDS

James Fenton



In this revised and updated edition with a new preface, poet and gardener James Fenton, describes a hundred plants he would choose to grow from seed. The book includes chapters on flowers for colour, size, or exotic interest; herbs and meadow flowers; climbing vines and tropical species; the micro-meadow; raising plants from seed; and a wealth of personal tips and advice. As Fenton writes, 'the emphasis is on childish simplicity of approach, and economy of outlay.'

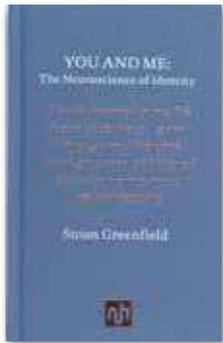
'Fenton's list is brisk and robust, but each of the varieties he selects takes on a delicate life of its own in the fertile topsoil of the poet's imagination.' – Tim ADAMS, *The Observer*

Categories: *Literary / Nature / Hobbies*
Publication date: *July 23, 2020*

Pages: 96
RRP: £12.99
ISBN Hardback: 978-1-912559-28-2

YOU AND ME: The Neuroscience of Identity

Susan Greenfield



What is it that makes you distinct from me? Neurologist Susan Greenfield takes us on a journey in search of a biological interpretation of identity, guiding us through the social and psychiatric perspectives and into the heart of the physical brain. Do the cultural challenges of the 21st century mean that we are facing unprecedented changes to identity itself?

Categories: *Popular Science / Philosophy / Sociology*

Publication date: *February 21, 2017*

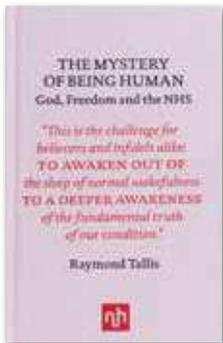
Pages: 156

RRP: £14.99

ISBN Hardback: 978-1-907903-34-2

THE MYSTERY OF BEING HUMAN

Raymond Tallis



Author, physician and humanist philosopher Raymond Tallis meditates on the complexity of human consciousness, free will, mathematics, God and eternity. The philosophical reflections are interrupted by the fiercely polemical essay 'Lord Howe's Wicked Dream', in which Tallis exposes the 'institutionally corrupt' deception intended to destroy the NHS.

'Raymond Tallis is one of the very few contemporary thinkers whom I would unequivocally call a genius' - Stuart KELLY, *Scotland on Sunday*.

Categories: *Philosophy / Sociology / Politics*

Publication date: *September 13, 2016*

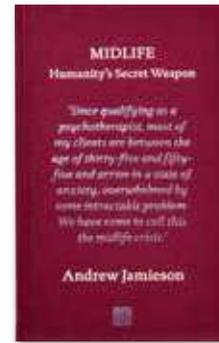
Pages: 232

RRP: £14.99

ISBN Hardback: 978-1-910749-14-2

MIDLIFE: Humanity's Secret Weapon

Andrew Jamieson



Only two species of mammal have an extensive, post-reproductive life: killer whales – whose elders can sniff out food for their pods – and Homo sapiens. While the rationale behind the whale's longevity seems clear, what is the point of ours? Examining the Jungian concept of the midlife crisis, and the lives of prominent figures who endured it (including Abraham Lincoln and Marie Curie), psychotherapist Andrew Jamieson shows how there is an evolutionary purpose behind this rite of passage which – once traversed – holds the key to our prosperity.

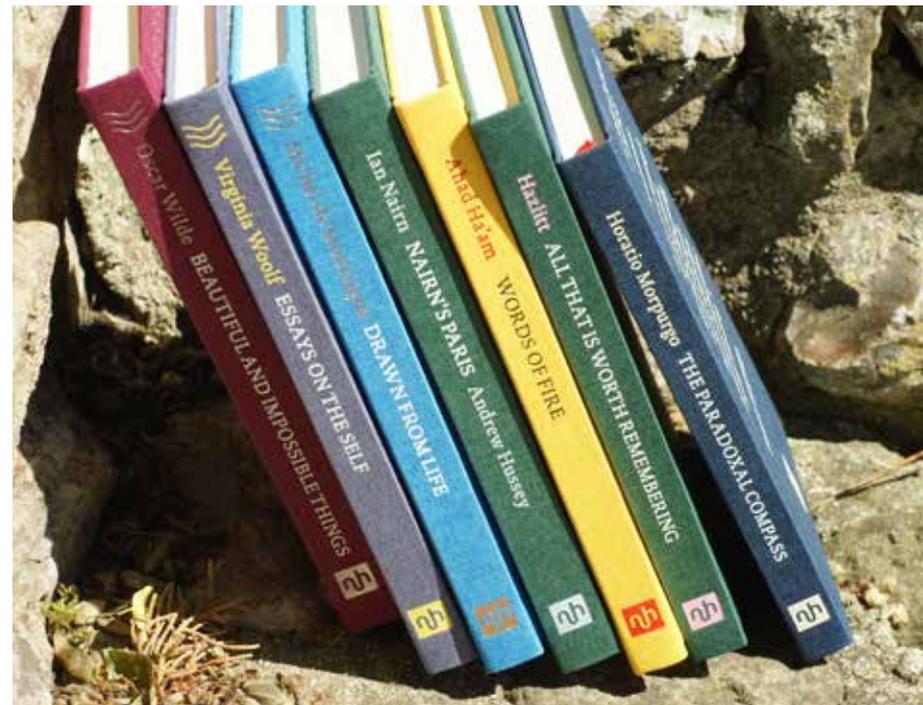
Categories: *Popular psychotherapy, popular philosophy, popular science*

Publication date: *May 10, 2022*

Pages: 170

RRP: £14.99

ISBN Hardback: 978-1-912559-38-1



HAPPY HALF HOURS: A.A. Milne

Introduced by Frank Cottrell-Boyce



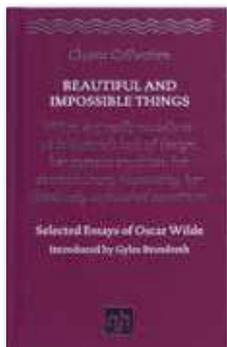
A delightful selection of articles by the ever-popular A.A. Milne, many of which haven't been in print for decades. Introduced by the prize-winning children's author Frank Cottrell-Boyce.

Categories: *Literary Anthology*
Pages:

RRP: £14.99
ISBN: 978-1-912559-05-3

BEAUTIFUL & IMPOSSIBLE THINGS: Oscar Wilde

Introduced by Gyles Brandreth



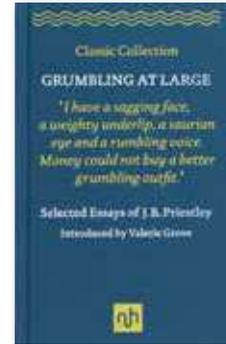
This new selection of essays by Oscar Wilde (1854-1900) demonstrates the varied aspects of his genius. Compiled from his lecture tours, newspaper articles, essays and epigrams. This anthology includes essays on interior design, prison reform, Shakespeare, the dramatic dialogue Decay of Lying, and the seminal Soul of Man. Introduced by the patron of the Oscar Wilde Society, Gyles Brandreth.

Categories: *Literary Anthology*
Pages: 226

RRP: £14.99
ISBN: 978-1-910749-06-7

GRUMBLING AT LARGE: J.B. Priestley

Introduced by Valerie Grove



A delightful and unusual selection of Priestley's essays, drawing on five decades of his writing. Witty, controversial and sometimes grumpy.

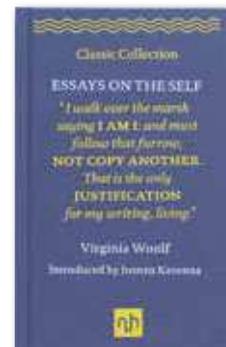
'J.B. Priestley called himself a grumbler, but he was a bon viveur who loved wine, women and song. And what shines out from his essays is his joy and zest and infectious curiosity.' – Margaret DRABBLE

Categories: *Literary*
Pages: 192

RRP: £14.99
ISBN: 978-1-910749-18-0

ESSAYS ON THE SELF: Virginia Woolf

Introduced by Joanna Kavenna



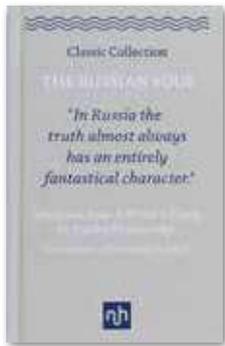
In these essays Virginia Woolf explores the nature of the finite self ('Who am I?' 'Who is everybody else?') and how individual experience might be relayed. Throughout these 13 essays, selected and introduced by Joanna Kavenna, Woolf celebrates the urgency of the present. She discusses the rights of women, social inequality, and the agony of war. Trust yourself, Woolf suggests. Live within the beauty and strangeness of ordinary life.

Categories: *Literary*
Pages: 184

RRP: £14.99
ISBN: 978-1-907903-92-2

THE RUSSIAN SOUL: Fyodor Dostoevsky

Introduced by Rosamund Bartlett



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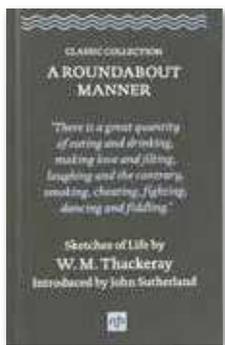
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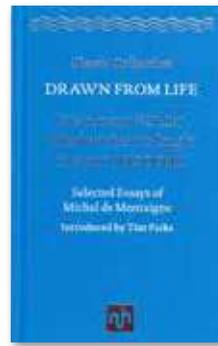
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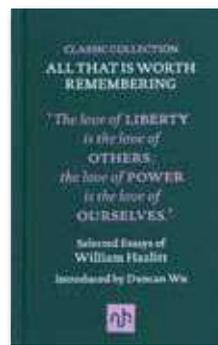
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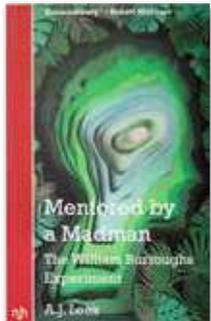
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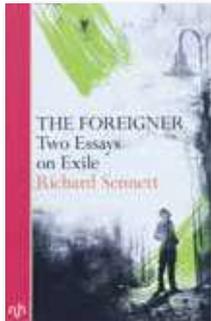
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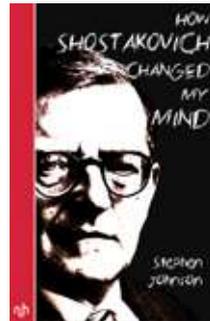
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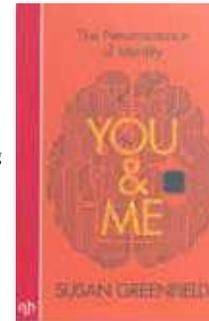
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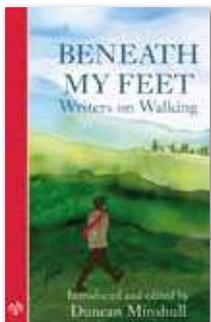
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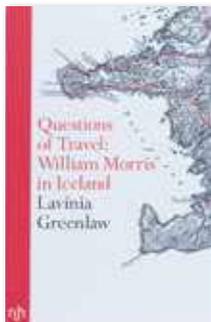
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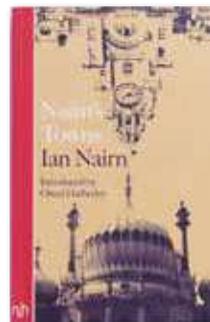
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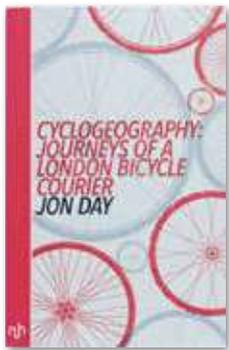
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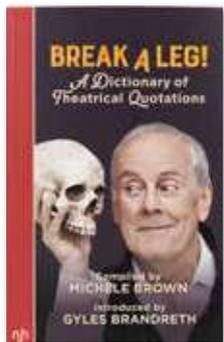
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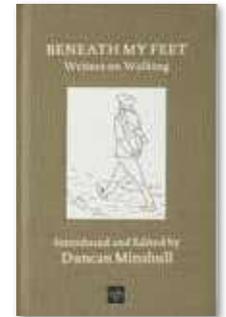
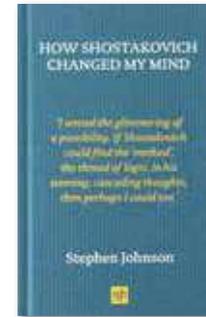
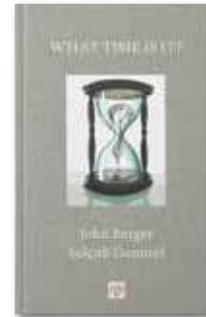
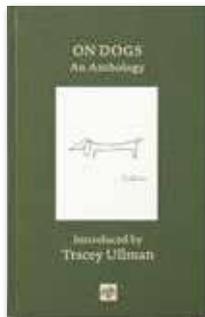
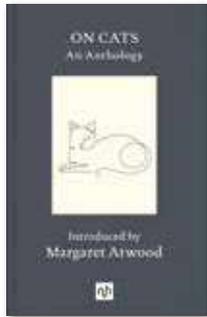
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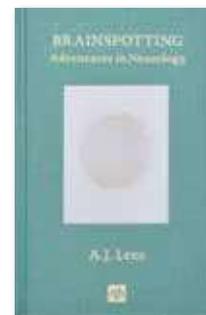
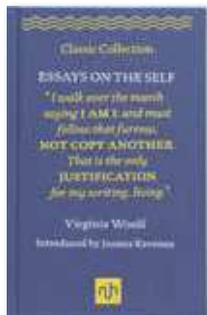
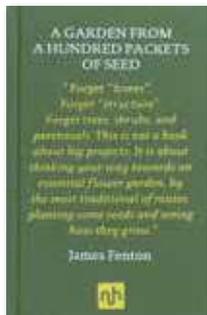
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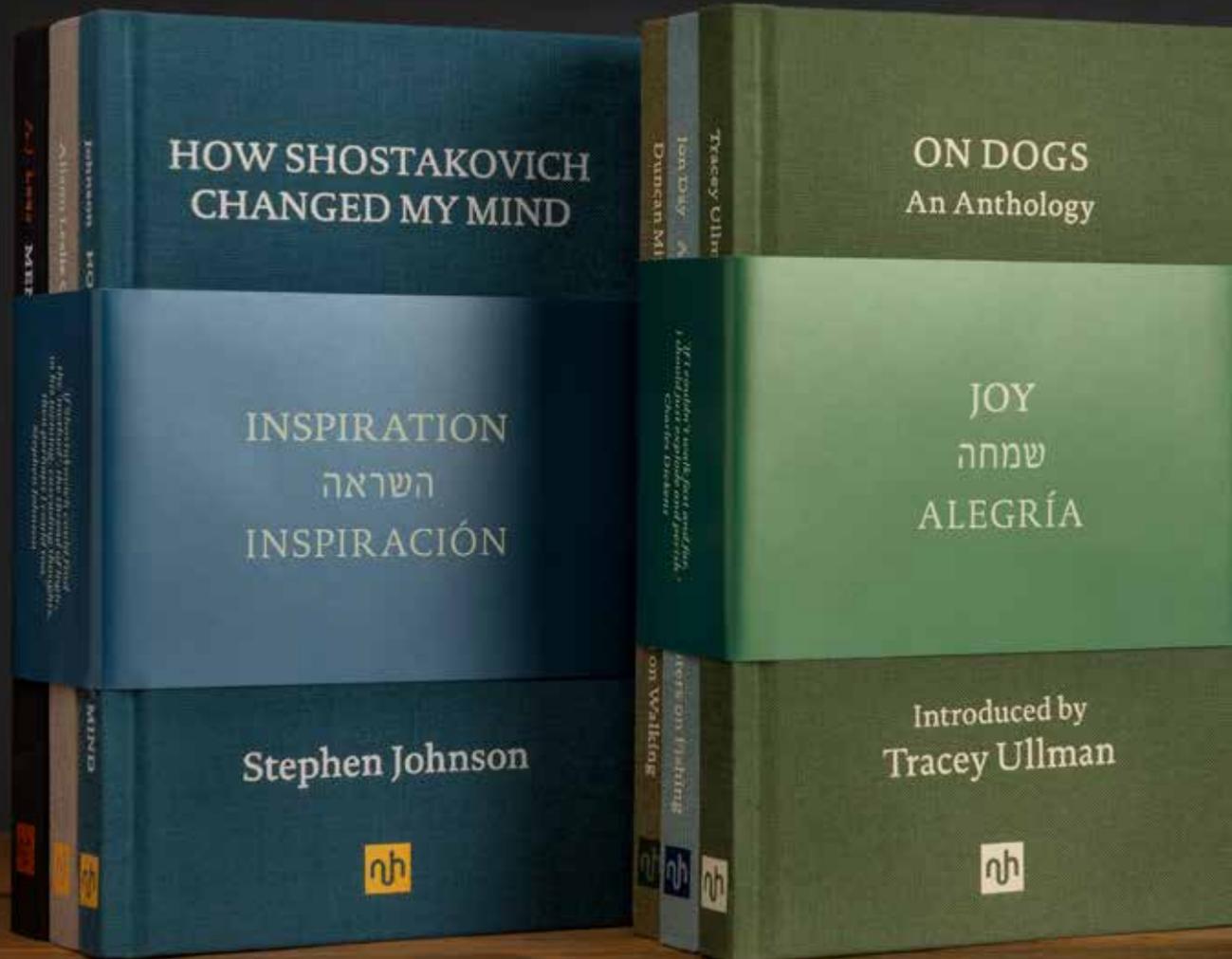
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