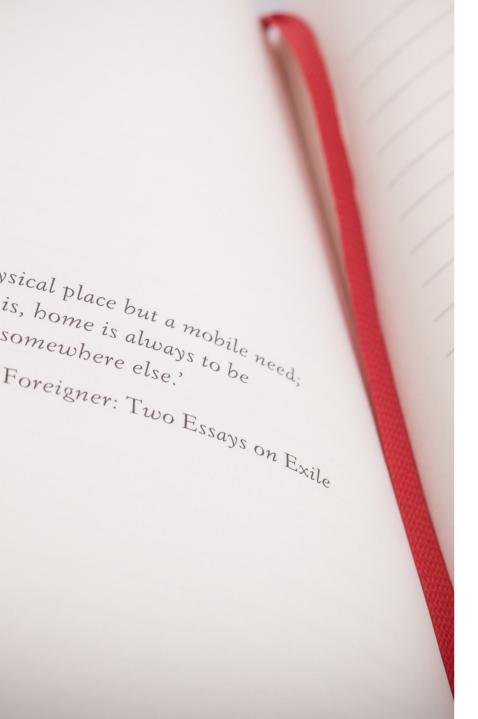
# **Notting Hill Editions**

Catalogue 2026









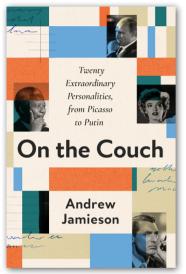
Notting Hill Editions is an independent British publisher. The company was founded by Tom Kremer (1930-2017), champion of innovation and the man responsible for popularising the Rubik's Cube.

After a successful business career in toy invention Tom decided, at the age of eighty, to fulfil his passion for literature. In a fast-moving digital world Tom's aim was to revive the art of the essay, and to create exceptionally beautiful books that would be lingered over and cherished.

Hailed as 'the shape of things to come', the family-run press brings to print the most surprising thinkers of past and present. In an era of information-overload, these collectible pocket-sized books distil ideas that linger in the mind. February 2026 April 2026

# ON THE COUCH: Twenty Extraordinary Personalities, from Picasso to Putin

Andrew Jamieson





Categories: Popular psychology / Biography

Publication date: February 24, 2026

Pages: 384

In this groundbreaking new book, psychoanalyst Andrew Jamieson considers ten key principles that stand as central pillars within psychoanalysis and illuminates them through psychobiographies of twenty extraordinary people.

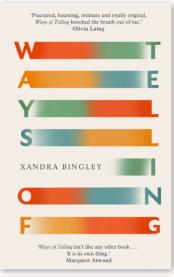
From Pablo Picasso's chaotic life. which illustrates Freud's concept of the unconscious, to Nelson Mandela's inspired achievements. which exemplify Jung's idea of Individuation; from John Bowlby's attachment theory as seen through the lives of Virginia Woolf and Franz Kafka to Melanie Klein's views on the close relationship between love and hate as these ideas are revealed through Cary Grant, Jamieson removes psychoanalysis from its theoretical framework and explores these great lives in new ways.

Andrew Jamieson lectures and writes articles on subjects including psychotherapy's interconnection with philosophy, music and literature. His most recent book is *Midlife: Humanity's Secret Weapon*. Parallel to his psychotherapeutic career, he has promoted orchestral concerts throughout the UK for over forty years.

ISBN Paperback: 9781912559817 RRP: £12.99

#### **WAYS OF TELLING**

Xandra Bingley, Margaret Atwood





Categories: Biography / Memoir Publication date: April 28, 2026

Pages: 152

'Ways of Telling isn't like any other book. Is it social reportage, the eye at the keyhole, the war at the door? It is its own thing.' Margaret Atwood

'Fractured, haunting, intimate and totally original, Ways of Telling knocked the breath out of me. It's dangerously exact, wilfully ambitious, wild in its scope and perfect in its precision.' Olivia Laing

From the bestselling author of *Bertie, May & Mrs Fish* comes an extraordinary new collection of unforgettable stories. As a bystander at Princess Diana's funeral, a fan at a James Brown concert, a passenger on a Welsh bus and a patient in a hectic hospital, Xandra Bingley's vivid portraits of everyday experience remind us of the fleeting and mysterious transience of life.

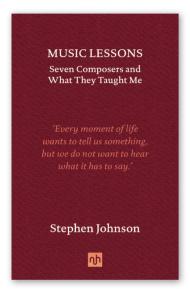
**Xandra Bingley** trained horses before she started work at the age of seventeen for MI5. She then worked for the *Atlantic Monthly Review* in Boston and the Kennedy Institute of Politics at Harvard. Subsequently in London she became a publisher's reader and then a commissioning editor at Jonathan Cape before starting her own literary agency. Her childhood wartime memoir *Bertie, May and Mrs Fish* was published to great acclaim in 2005.

ISBN Paperback: 9781912559893 RRP: £12.99

June 2026 September 2026

## **MUSIC LESSONS: Seven Composers and** What They Taught Me

Stephen Johnson





For Stephen Johnson, there have been key points in his life when music that is considered 'dark' has confronted him with life-changing insights. Some of these insights have been hard to accept, but once accepted, all have opened up new possibilities of thinking, feeling and living. Through an exploration of seven pieces, including Anton Bruckner's 'Symphony No 8', Lili Boulanger's Du fond de l'abîme (Psalm 130), Jean Sibelius's 'Symphony No 5' and David Bowie's 'I Can't Give Everything Away', Johnson explores the lives and the intentions of the composers who created them, and how they have affected him personally.

Stephen Johnson is the author of How Shostakovich Changed My Mind, also published by Notting Hill Editions, and The Eighth: Mahler and the World in 1910, and is the editor of The Wrong Turning: Encounters with Ghosts. He has taken part in hundreds of radio programmes and documentaries, and has appeared on numerous TV programmes, including The South Bank Show and The One Show.

Categories: Music / Psychology / Memoirs Publication date: June 16, 2026

Pages: 208

ISBN Hardback: 9781912559879 RRP: £15.99

## EVERYDAY TANG: On What We Can Learn From a Dynasty

Xiaolu Guo





Part travelogue, part historical reflection. Everudau Tangisa profound. and often startling, meditation on one period in Chinese history: the magnificent and cosmopolitan Tang Dynasty (618-907).

In the summer of 2024, Xiaolu Guo travelled from England to China with her eleven-vear-old in search of what remains of the ancient past. As they wander through the great cities of Xi'an and Luoyang, and cross rivers such as the Wei and the Yangzi, Xiaolu ponders the achievements of the Tang in science, arts, trade, spirituality, sexuality and women's freedom which sheds new light on our understanding of the Tang Dynasty.

Xiaolu Guo is a novelist, memoirist and cineaste. Her novels include A Concise Chinese-English Dictionary for Lovers, I Am China and A Lover's Discourse, which was shortlisted for the Goldsmiths Prize 2020. Named as one of Granta's Best of Young British Novelists in 2013. she has also directed a dozen award winning films, including How Is Your Fish Today (Sundance Official Selection).

Categories: Memoir / Travel / History of Ideas

Publication date: September 15, 2026

Pages: 144

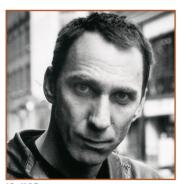
ISBN Paperback: 9781912559756 RRP: £8.99

October 2026 November 2026

#### ET IN SUBURBIA EGO

Will Self





of town planning, Self's divagating circumambulation, would, he hoped, make it possible for him to finally grasp all that privet, paving, and fake-gabling, so as to say with conviction: 'This is this', even as his body was telling him: Et in Suburbia Ego. Will Self is a writer: he lives in

Facing a bone marrow transplant for

blood cancer, a procedure with a one

in five chance of proving fatal - while

the alternative was simply to die -

Will Self, the preeminent English

psychogeographer of our era, set out to

walk the streets of London, his native

city. Battling with his symptoms, he

assigned himself a task as obdurate as

it was obtuse: to promenade almost

exclusively within the London suburbs

built in the interwar period; that great

sprawl of suburbia, that, like some

twee Tudorbethan tree ring, defines the metropolis's bizarre dendrochronology.

By confining himself to the city of that

era, Self's intention was to psychically

apprehend the very material reality

of his own being. Having grown up in the Hampstead Garden Suburb,

itself an idealised vision of a timeless

English neverland built in the 1920s

and 30s, and as the son of a theorist

London.

Categories: Memoir / Psychogeography

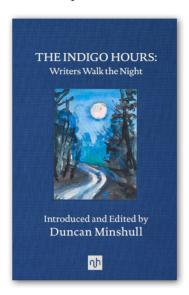
Publication date: October 20, 2026

Pages: 192

ISBN Paperback: 9781912559916 RRP: £8.99

## THE INDIGO HOURS: Writers Walk the **Night**

Edited by Duncan Minshull





'There is something otherworldly about nightwalking. Something that makes you see the world differently.' Shane O'Mara

O'Mara's is a recent response to walking the dark, which means anytime between the hours of dusk and approaching dawn; be it rural or urban, or places elsewhere. But it's a sentiment that stretches right back in time, as readers will discover in the pages of *The* Indigo Hours where voices celebratory and cautionary say the same. Fifty-plus voices collected from memoirs and journals, letters and travelogues, from Jean Paul, Leigh Hunt and Thomas De Quincey to a host of contemporary writers including Mary Morris, Colm Tóibín and Ioanna Kavenna.

Duncan Minshull is a freelance audio producer and anthologist, and formerly a senior producer at BBC Radio. His previous books include Beneath My Feet, Sauntering and Globetrotting. He has written about the joys of walking for The Times, the Financial Times, the Daily Telegraph, the Guardian. Condé Nast Traveller. Slightly Foxed, Psychologies and Vogue.

Categories: Literary Anthology /

Walking Publication date: November 3, 2026

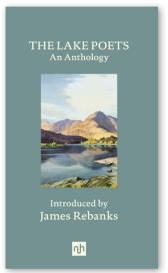
Pages: 200

ISBN Hardback: 9781912559770 RRP: £15.99

Recent Releases Recent Releases

## THE LAKE POETS: An Anthology

The Lake Poets Introduced by James Rebanks





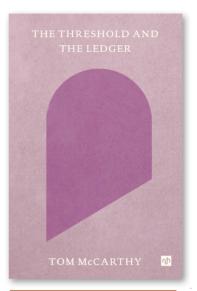
Inspired by the spectacular pastoral landscapes of the region, William Wordsworth, Samuel Taylor Coleridge, Robert Southey, Dorothy Wordsworth, Charles Lamb, Hartley Coleridge and Thomas De Quincey are best remembered for their incredible depictions of the English fells, lakes and coastlines, which continue to inspire visitors from around the world. In this beautiful anthology of their selected writings, we are reminded of the lasting influence that this exquisite place has on this famous group of writers.

James Rebanks is a farmer based in the Lake District, where his family have lived and worked for over six hundred years. His No.1 bestselling debut, The Shepherd's Life, won the Lake District Book of the Year, was shortlisted for the Wainwright and Ondaatje prizes, and has been translated into sixteen languages. His second book, English Pastoral, was also a Top Ten bestseller and was named the Sunday Times Nature Book of the Year. Heralded as a 'masterpiece' by the New Statesman, it was shortlisted for the Ondaatje prize, and longlisted for the Rathbones Folio prize and the Orwell Prize for Political Writing.

Categories: Poetry / Anthology Publication date: November 6, 2025 Pages: 168 ISBN Hardback: 9781912559701 RRP: £15.99

#### THE THRESHOLD AND THE LEDGER

Tom McCarthy





Ingeborg Bachmann (1926–1973) may have spent her career in the shadow of her lover Paul Celan; but since her untimely death her star has outshone even his. In recent years more and more Anglophone writers and readers have been switching on to her importance.

Published just before the centenary year of one of the German-speaking world's most extraordinary post-war writers, Tom McCarthy's short book unpacks a single poem by Bachmann. Latching onto two of its central terms – the eponymous threshold and ledger – McCarthy takes off on a line of flight that carries the reader through the work of Franz Kafka, David Lynch, Anne Carson, Sappho and Shakespeare.

Tom McCarthy is a novelist whose work has been translated into more than twenty languages and adapted for cinema, theatre and radio. He won the inaugural Windham-Campbell Prize for Fiction, and two of his novels were Booker Prize finalists. He has held Visiting Professorships at the Royal College of Art London, Columbia University New York and Städelschule Frankfurt. He lives in Berlin.

Categories: Literary Essay Publication date: September 2, 2025 Pages: 86 ISBN Paperback: 9781912559671 RRP: £8.99

## BLIND CORNERS: Essays on Photography

Michael Collins Introduced by Will Self

# BLIND CORNERS Essays on Photography 'There is nothing as lonely as an ID photo. It is the ultimate act of isolation in a disinterested world, stripping away from the individual any social bonds.' Michael Collins Introduced by Will Self



Categories: *Photography / Essays* Publication date: *May 20, 2025* Pages: 192 ISBN Hardback: 9781912559657

RRP: £15.99

For many years, photographer Michael Collins had wondered what exactly it was that he found so mysterious about photography. In this series of linked pieces, Collins offers a reappraisal of humble – and often ubiquitous – photographic genres that he believes are worthy of greater understanding.

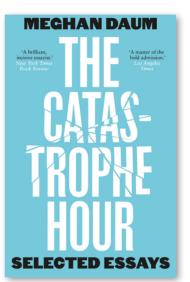
From restoring abandoned photos whose subjects are lost to time, to a quotidian history of the studio portrait; from tracing the origins of the panorama within the wider field of the history of art to an experiment in photographic portraiture using gorillas, Collins reveals what it is about photography that continues to fascinate us.

Michael Collins was the first contemporary art photographer to be exhibited at The British Museum. The recipient of numerous Arts Council England grants, his work is in many British and overseas collections including the V&A, The British Library, and other private collections. His most recent book of photography is The Nuclear Sublime

Will Self is a writer, he lives in London.

## THE CATASTROPHE HOUR

Meghan Daum





six books, most recently *The Problem With Everything: My Journey Through The New Culture Wars*, a *New York Times* Notable Book for 2019. Her collection of original essays, *The Unspeakable: And Other Subjects Of Discussion*, won the 2015 Pen Center USA Award for creative nonfiction and she has been the recipient of fellowships from The Guggenheim Foundationand the National Endowment for the Arts.

Meghan Daum is the author of

From the acclaimed author of *The Unspeakable* and *The Problem with Everything* comes a new collection of unputdownable essays.

Written between 2016 and 2024, these essays are classic Daum, showcasing her wit, her intellect and her uncanny ability to throw new light on even the most ubiquitous of subjects. Delving into divorce, dating, music, friendship, beauty, aging, death and money, Daum's unflinching honesty and exacting observations secure her reputation as one of our most important and enduring essayists.

ISBN Paperback: 9781912559688 RRP: £11.99

Categories: Contemporary Culture / Literary Essay Publication date: April 15, 2025

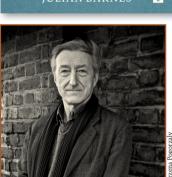
Pages: 288

Recent Releases Recent Releases

#### **CHANGING MY MIND**

**Julian Barnes** 





'We always believe that changing our mind is an improvement, bringing a greater truthfulness to our dealings with the world and other people. It puts an end to vacillation, uncertainty, weak-mindedness. It seems to make us stronger and more mature. Well, we would think that, wouldn't we?'

In this engaging and erudite essay, critically acclaimed writer Julian Barnes explores what is involved when we change our minds: about words. about politics, about books; about memories, age and time.

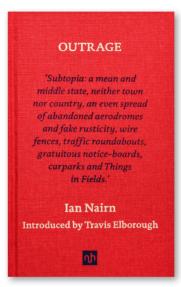
Iulian Barnes is the author of thirteen novels including The Sense of an Ending, which won the 2011 Man Booker Prize for Fiction, and Sunday Times bestsellers The Noise of Time and The Only Story. He has also written three books of short stories, four collections of essays and three books of non-fiction, including the Sunday Times number-one bestseller Levels of Life and Nothing to Be Frightened Of. In 2017 he was awarded the Légion d'honneur.

Categories: Literary Essays / Memoir Publication date: March 18, 2025 Pages: 64

ISBN Paperback: 9781912559695 RRP: £8.99

#### OUTRAGE

Ian Nairn Introduced by Travis Elborough





In 1955, Britain's most prestigious architectural magazine, The Architectural Review, published a special issue featuring a single essay by Ian Nairn, a famously opinionated (and untrained) architectural critic. Based on observations made on a journey Nairn took across the UK in a Morris Minor, Outrage is a searing critique of urban sprawl, or 'Subtopia'. In this manifesto, Nairn warns that 'if what is called development is allowed to multiply at the present rate', Britain's natural – and urban – landscapes will lose their individuality and spirit. A call-to-arms against the 'greying out' of our towns and countryside before it's too late, Outrage is widely considered to be Nairn's masterpiece.

Ian Nairn (1930–1983) was a British architectural critic and topographer.

Travis Elborough is the author of many books, including Wish You Were Here: England on Sea and Atlas of Vanishing Places, and winner of the Edward Stanford Travel Book Award in 2020.

Categories: Popular Architecture / Culture / Travel

Publication date: February 4, 2025 Pages: 190

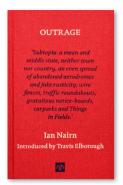
RRP: £16.99

ISBN Hardback: 9781912559633

Architecture Architecture

#### **OUTRAGE: Ian Nairn**

Introduced by Travis Elborough



In 1955, Britain's most prestigious architectural magazine, The Architectural Review, published a special issue featuring a single essay by Ian Nairn, a famously opinionated (and untrained) architectural critic. Outrage is a searing critique of urban sprawl, or 'Subtopia'. In this manifesto, Nairn warns that 'if what is called development is allowed to multiply at the present rate', Britain's natural - and urban - landscapes will lose their individuality and spirit.

Categories: Popular Architecture / Culture / Travel

Publication date: February 4, 2025

Pages: 190

ISBN Hardback: 9781912559633

RRP: £16.99

#### MODERN BUILDINGS IN LONDON: Ian Nairn

Introduced by Travis Elborough



Ian Nairn's timeless books on modern urban cities have been hailed as some of the most significant writing about contemporary Britain, while also being praised as alternative 'guidebooks' for curious travellers. First published in 1964, Modern Buildings in London celebrates the character of buildings that were immediately recognisable as 'modern' in 1964, many of which were not the part of the well-known landscape of London but instead were gems that Nairn stumbled across.

Categories: Popular Architecture / Culture / Travel Publication date: September 5, 2023 Pages: 288 ISBN Hardback: 9781912559510 RRP: £15.99

#### NAIRN'S TOWNS: Ian Nairn

Introduced by Owen Hatherley



These essays show the late, great architectural critic Ian Nairn writing about cities and towns as a whole rather than as collections of individual buildings.

Sixteen short essays on places as varied as Glasgow and Norwich, Llanidloes and Sheffield, by the finest English architectural writer of the twentieth century.

'It [Nairn's Towns] should be kept in the glovebox of every car...' Standpoint Magazine

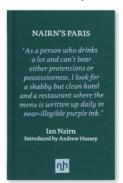
Categories: Architecture / Culture / Travel Publication date: September 7, 2017 Pages: 272

ISBN Hardback: 9781907903816

RRP: £14.99

#### NAIRN'S PARIS: Ian Nairn

Introduced by Andrew Hussey



Last printed in 1968, this is a unique guidebook from the late, great architectural writer Ian Nairn. Illustrated with the author's snaps of the city, Nairn gives his readers an idiosyncratic and unpretentious portrait of the 'collective masterpiece' that is Paris.

'In Nairn's Paris the City of Light gets the flâneur it deserves: passionate, bilious, eloquently melancholy... At his best [Nairn] has no equal.' David Collard

Categories: Architecture / Culture / Travel Publication date: April 20, 2017

Pages: 232

ISBN Hardback: 9781910749494 RRP: £14.99

Architecture Art

#### **IUNKSPACE with RUNNING ROOM**

Rem Koolhaas / Hal Foster



In Junkspace (2001), architect Rem Koolhaas itemised in delirious detail how our cities are being overwhelmed. His celebrated jeremiad is here updated and twinned with Running Room, a fresh response from architectural critic Hal Foster.

Is there a future for architecture? If so, it might begin with the meditations - by turns elegant and frantic - of Rem Koolhaas and Hal Foster: 'even if there is no outside to Junkspace, there is still running room to be made in its cracks...

Categories: Architecture / Culture Publication date: November 1, 2013 Pages: 96

ISBN Hardback: 9781907903762 RRP: £14.99



#### **FASHION: A MANIFESTO**

Anouchka Grose



Fashion: A Manifesto takes a look at the psychology of fashion in order to unpick the hold it has on so many of us. While it's easy to dismiss fashion as elitist and wasteful, isn't it also fascinating, exciting and perhaps sometimes even radical – not to mention surprisingly egalitarian?

Taking us on a journey from the court of Louis XIV to TikTok's avant apocalypse, this book scrutinises fashion to open up questions about the ways in which it works both for and against us.

Categories: Popular Psuchology / Popular History / Fashion

Publication date: April 4, 2023

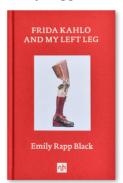
Pages: 168

ISBN Hardback: 9781912559497

RRP: £15.99

#### FRIDA KAHLO AND MY LEFT LEG

**Emily Rapp Black** 



At first sight of Kahlo's painting The Two Fridas, Emily Rapp Black felt an instant connection with the artist.

An amputee from childhood, Rapp Black grew up with prosthetic limbs and learned to hide her disability while Kahlo sustained lifelong injuries after a bus crash and had her right leg amputated. In Kahlo's art, Rapp Black recognised the compulsion to create to silence pain, and learned to accept her body.

Categories: Memoir/Art/Biography Publication date: June 15, 2021

Pages: 200

ISBN Hardback: 9781912599268

RRP: £14.99

#### **SMOKE**

John Berger and Selçuk Demirel

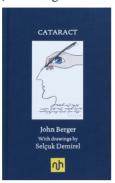


This charming pictorial essay reflects on the cultural implications of smoking. wihth a series of brilliantly captivating illustrations

ISBN Hardback:9781910749470 Pages: 72 RRP: £14.99

#### **CATARACT**

John Berger and Selçuk Demirel



Notes and reflections by John Berger on the minor miracle of cataract surgery. Berger ioins forces with Turkish illustrator Selcuk Demirel to reflect on his experience of loss of vision

ISBN Hardback: 9781907903328 Pages: 96

RRP: £14.99

#### WHAT TIME IS IT?

John Berger and Selçuk Demirel



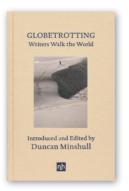
What Time Is It? is a profound and playful meditation on the illusory nature of time. Illustrated throughout in full colour by Selcuk Demirel in his inventive style.

ISBN Hardback: 9781912559145

Pages: 120 RRP: £14.99

#### GLOBETROTTING: Writers Walk the World

Introduced and Edited by Duncan Minshull



Following on from the huge success of Beneath My Feet: Writers on Walking and Sauntering: Writers Walk Europe, the UK's 'laureate of walking' Duncan Minshull brings together the recorded footfalls of over fifty walkerwriters who have travelled the world's seven continents. From the 1500s to current times come a memorable band of explorers and adventurers, scientists and missionaries, pleasure-seekers and literary drifters recalling their experiences and asking themselves a compelling question - why travel this way in the first place?

Categories: Literary Anthology /

Walking

Publication date: April 2, 2024

Pages: 176

ISBN Hardback: 9781912559459

RRP: £15.99

#### SAUNTERING: Writers Walk Europe

Introduced and Edited by Duncan Minshull



Sauntering features sixty writers - classic and contemporary – who travel Europe by foot. We join Henriette D'Angeville climbing Mont Blanc; Nellie Bly roaming the trenches of a war-torn Poland; Werner Herzog on a personal pilgrimage across Germany; Hans Christian Andersen in quarantine; Joseph Conrad in Cracow; and Robert Macfarlane dropping deep into underground Paris.

'The perfect companion for a summer ramble, or a winter fireside.' Will Self

Categories: Literary Anthology / Walking

Publication date: March 9, 2021

Pages: 160

ISBN Hardback: 9781912559244

RRP: £14.99

Anthologies Anthologies

#### BENEATH MY FEET: Writers on Walking

Introduced and Edited by Duncan Minshull



Walking and writing have always gone together. Think of the poets who walk out a rhythm for their lines and the novelists who put their characters on a path. *Beneath My Feet* rounds up the most memorable walker-writers from the 1300s to the present day, from country hikers to urban strollers.

Follow in the footsteps of Virginia Woolf, George Sand, Rebecca Solnit, Will Self, and dozens more. Keep up with them – and be astonished.

Categories: Literary Anthology /

Walking

Publication date: October 30, 2018

Pages: 200

ISBN Hardback: 9781910749982

RRP: £14.99

#### THE WRONG TURNING: Encounters with Ghosts

Introduced and Edited by Stephen Johnson



Why do people love ghost stories, even when they don't believe (or say they don't believe) in ghosts?

With contributions from M.R James, Alexander Pushkin, Charlotte Perkins Gilman, Tove Jansson, Ambrose Pierce, Flann O'Brien and more, this uniquely curated anthology brings together some of the most chilling – and enigmatic – stories from around the world.

Categories: Ghost stories / Literary anthology

Publication date: October 5, 2021

Pages: 184

ISBN Hardback: 9781912559305

RRP: £14.99

#### ON CHRISTMAS: A Seasonal Anthology

Introduced by Gyles Brandreth



A seasonal anthology of Christmas-themed writings to savour during the highs and lows of Christmas Day.

This delightful book offers a diverse array of classic and contemporary writers who have expressed their thoughts about Christmas over the centuries – with joy, nostalgia, grumpiness, and wit. Includes selections from classic and contemporary writers including Dostoevsky, Dickens, A.A. Milne, Samuel Pepys, C.S. Lewis, Ali Smith and Will Self

ISBN Hardback: 9781910749685

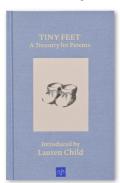
Categories: Literary Anthology
Publication date: November 1, 2017

November 1, 2017 RRP: £14.99

Pages: 192

#### TINY FEET: A TREASURY FOR PARENTS

Introduced by Lauren Child



Children are a wonder, a blessing, a miracle, and everyone has an opinion on how we should raise them. From novelists to paediatricians; from modern parenting 'experts' to child psychologists; from debunked academics to 1950s 'agony aunts', *Tiny Feet* is the first anthology of its kind, showcasing a range of the most influential writing about children over the past three hundred years.

Categories: Popular Psychology / Literary Anthology / Gift

Publication date: November 1, 2022

Pages: 192

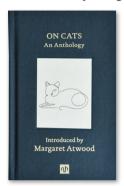
ISBN Hardback: 9781912559473

RRP: £15.99

Anthologies Nature

#### ON CATS: An Anthology

Introduced by Margaret Atwood



For thousands of years, cats have been venerated and mistrusted in equal measure. Today, their affections are hard-won and often fickle, but we still (for the most part) seem to love them.

Introduced by Margaret Atwood, who was a 'cat-deprived young child', the writers in these pages reflect on the curious feline qualities that inspire devotion in their owners, even when it seems one-sided.

Categories: Literary Anthology /

Animals

Publication date: November 2, 2021

Pages: 184

ISBN Hardback: 9781912559329

RRP: £15.99

#### ON DOGS: An Anthology

Introduced by Tracey Ullman



From Roald Amundsen's account of using sled dogs in his expedition to the South Pole to J.R. Ackerley's tender portrayal of his ill-behaved dog Tulip, the writers collected in *On Dogs* reflect on the joys and pitfalls of dog ownership with wit and affection. With an introduction by Tracey Ullman (an inveterate adopter of strays), and six characterful dog portraits by photographer Rhian ap Gruffydd. Contributors include Shakespeare, Thurber, Miranda Hart, Jack London, David Sedaris, A.A. Gill, Brigitte Bardot and more.

Categories: Literary Anthology /

Animals

Publication date: August 29, 2019

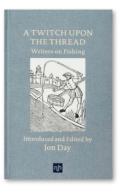
Pages: 180

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#### A TWITCH UPON THE THREAD: Writers on Fishing

Introduced and Edited by Jon Day



The best fishing writing is never only about fishing, and the writers collected in this anthology use angling as a way to write about love, loss, faith, and obsession. This is a collection of fishing writing ranging from medieval times to the present, taking the reader from riverbank to open ocean, from the shore to the depths. Read it and be hooked.

Jon Day is a writer, academic, and angler. His first book, Cyclogeography: Journeys of a London Bicycle Courier, was published by Notting Hill Editions in 2015.

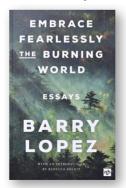
Categories: Literary Anthology / Sport Publication date: May 2, 2019

Pages: 168

ISBN Hardback: 9781912559138 RRP: £14.99

### EMBRACE FEARLESSLY THE BURNING WORLD: Barry Lopez

Introduced by Rebecca Solnit



An urgent final work from the award-wining Barry Lopez whose writing, fieldwork and mentorship inspired generations of writers and activists, this remarkable collection of essays unspools memories, both personal and political, among them tender, sometimes painful stories of his childhood in New York and California; reports from expeditions to study animals and sea life; recollections of travels to Antarctica and other extraordinary places on earth and mediations on finding oneself amid vast, dramatic landscapes.

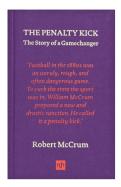
Categories: Nature Writing / Memoir Publication date: May 2, 2023

Pages: 328

ISBN Paperback: 9781912559558

RRP: £12.99

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In 1891, a contentious new measure against an excess of foul play, Rule 13, was proposed to the FA by an amateur goalkeeper from County Armagh. 'The Irishman's Motion' modernised the world's most popular game. A tale of sportsmanship, chance and obsession, *The Penalty Kick: The Story of a Gamechanger* explores both the addiction of risk, and a doomed father-son relationship that could have been torn from the pages of a late-Victorian novel, inspired by the edgy, ruthless and egalitarian spirit of Northern Ireland.

Categories: Social and cultural history / Memoir / Sport
Publication date: October 8, 2024

Pages: 208

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#### HOW SHOSTAKOVICH CHANGED MY MIND

Stephen Johnson



Music broadcaster **Stephen Johnson** explores the power of Shostakovich's music, and writes of the extraordinary healing effect of music on sufferers of mental illness. Johnson looks at neurological, psychotherapeutic and philosophical findings, and reflects on his own experience, where he believes Shostakovich's music helped him survive the trials and assaults of bipolar disorder.

'One of the most powerful, honest, and profound revelations that exists on what it is that music is and does: it's just an essential document.' Tom Service, *Music Matters* 

Categories: Music/Memoir/

Psychology

Publication date: March 26, 2020

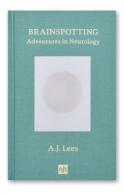
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A.J. Lees



In this series of brilliant autobiographical essays, **A.J. Lees** takes us on a grand tour of his neurological career, giving the reader insight into the art of listening, observation and imagination that the best neurologists still rely on to heal minds and fix brains.

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Categories: Popular Science / Memoir Publication date: March 22, 2022

ISBN Hardback: 9781912559367 RRP: £14.99

Pages: 184

# MENTORED BY A MADMAN: The William Burroughs Experiment A.J. Lees



In this extraordinary memoir, neuroscientist **A.J. Lees** explains how William Burroughs, author of *Naked Lunch* and troubled drug addict, inspired his medical career. Lees follows Burroughs into the rainforest and under the influence of yagé (ayahuasca) gains insights that encourage him to pursue new lines of pharmacological research and explore new forms of science.

'The inevitable comparison with the late, great Oliver Sacks is entirely just.' Raymond Tallis

Categories: Medicine / Memoir /

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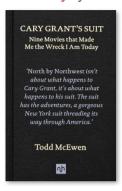
Publication date: May 26, 2016

Pages: 236

ISBN Hardback: 9781910749104

RRP: £14.99

# CARY GRANT'S SUIT: Nine Movies that Made Me the Wreck I Am Today by Todd McEwen



**Todd McEwen** grew up in Southern California. As the son of relatively normal people, he had no in with Hollywood, a mere thirteen miles away, try as he might. This is a kid who loved the movies so much, he got up at 4.30 in the morning to watch Laurel and Hardy. A kid who made his father project 8mm cartoons onto the family's dining room curtains so they could be slowly parted, just like at a real cinema. A guy who has watched *Chinatown* over sixty times. So far.

Categories: Humour / Memoir / Film Publication date: February 28, 2023 ISBN Hardback: 9781912559404

Publication date: February 28, 2023 RRP: £15.99 Pages: 168

# CYCLOGEOGRAPHY: Journeys of a London Bicycle Courier Jon Day



Cyclogeography is an essay about the bicycle in the cultural imagination and a portrait of London written from the saddle. Informed by his years spent as a bicycle courier, **Jon Day** reflects on the way bicycles connect people with places. Parasitic on the city, couriers have an intimate knowledge of London, and for those who survive the grinding toughness of the job the bicycle can become the only thing holding them together.

"...a bold and clever book. It fascinated me from first page to last." Robert Macfarlane

Categories: Literary / Memoir /

Special Interest

Publication date: July 23, 2015

Pages: 168

ISBN Hardback: 9781907903991

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#### THINGS I DON'T WANT TO KNOW

Deborah Levy



A unique response to George Orwell from one of our most vital contemporary writers. Taking Orwell's famous list of motives for writing as the jumping-off point for a sequence of thrilling reflections on the writing life, this is a perfect companion not just to Orwell's essay, but also to **Deborah Levy**'s own, essential oeuvre.

'Levy's prose throbs its way into the imagination.'

Observer

Categories: *Literary / Memoir*Publication date: *January* 1, 2013

olication date: January 1, 2013

Pages: 107

ISBN Hardback: 9781907903632

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#### MY KATHERINE MANSFIELD PROJECT

Kirsty Gunn



In 2009 **Kirsty Gunn** returned to spend the winter in her home town of Wellington, New Zealand, the place where Katherine Mansfield also grew up. In this lyrical essay she explores the idea of home and belonging – and of her own deep connection to a place where every flower and gatepost seems embroidered with the memory of some story or another.

'Kirsty Gunn is a deep thinker; a maverick, an entertainer, and a great writer.' Deborah Levy

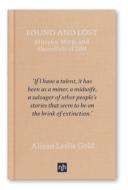
Categories: Literary / Memoir Publication date: September 28, 2015

Pages: 148

ISBN Hardback: 9781910749043

RRP: £14.99

#### FOUND AND LOST: Mittens, Miep, and Shovelfuls of Dirt Alison Leslie Gold



A memoir from the holocaust writer Alison Leslie Gold, told through a series of letters that tell of her early activism; her descent into addiction and alcoholism; her fateful meeting with Miep Gies (who sheltered the Anne Frank family), and her subsequent recovery.

'Compelling' Times Literary Supplement

Categories: Memoir/Literary Publication date: October 1, 2017

RRP: £14.99

Pages: 220

ISBN Hardback: 9781910749593

#### **I REMEMBER**

Joe Brainard



Joe Brainard's I Remember is a cult classic. As autobiography, Brainard's method was brilliantly simple: to set down specific memories ('everything is interesting, sooner or later') as they rose to the surface of his consciousness, each prefaced by the refrain 'I remember'.

'I Remember is a masterpiece. One by one, the so-called important books of our time will be forgotten, but Joe Brainard's modest little gem will endure.' Paul Auster

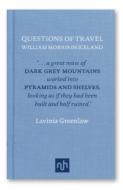
ISBN Hardback: 9781907903571

Categories: Literary Publication date: March 1, 2013

Pages: 203

RRP: £14.99

#### OUESTIONS OF TRAVEL: William Morris in Iceland Lavinia Greenlaw



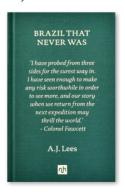
The Victorian artist and activist William Morris was fascinated by Iceland which inspired him to write one of the masterpieces of travel literature. Poet Lavinia Greenlaw combines excerpts from his Icelandic writings with her own response to the country. The result is a new and composite work, which brilliantly explores our conflicted reasons for not staying at home.

Categories: Travel / Literary Publication date: July 7, 2011 ISBN Hardback: 9781907903182 RRP: £14.99

Pages: 224

#### **BRAZIL THAT NEVER WAS**

A.J. Lees



When A.J. Lees was a boy his father gave him a dog-eared book called Exploration Fawcett. It told the true story of Colonel Percy Fawcett, an explorer who in 1925 had gone in search of a lost city in the Amazon and never returned. Years later, now a successful neurologist, Lees set off in search of the mysterious figure of Fawcett. What he found exceeded his wildest imaginings. Part travelogue, part memoir, Lees paints a portrait of an elusive Brazil and a flawed explorer whose doomed mission saved lives.

Categories: Travel / Memoir Publication date: September 15, 2020

Pages: 152

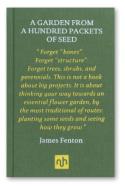
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Travel and Literary Philosophy

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'Fenton's list is brisk and robust, but each of the varieties he selects takes on a delicate life of its own in the fertile topsoil of the poet's imagination.' Tim Adams, Observer

Categories: Literary / Nature /

Hobbies

Publication date: July 23, 2020

Pages: 96

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#### NOTTING HILL: A Walking Guide

Iulian Mash



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Categories: Travel / History / Guidehook Publication date: July 10, 2018 Pages: 172

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Categories: Philosophy / Politics /

Culture

Publication date: June 10, 2021

Pages: 208

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#### THUS SPAKE ZARATHUSTRA: Friedrich Nietzsche

Introduced by Joanna Kavenna



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Radical, uncategorisable, contradictory and often humorous, Thus Spake Zarathustra is a grand celebration of human existence by one of the most influential thinkers of the past two centuries.

Categories: Psychology Publication date: September 16, 2022

Pages: 500

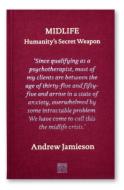
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Andrew Jamieson



Only two species of mammal have an extensive, post-reproductive life: killer whales — whose elders can sniff out food for their pods — and Homo sapiens. While the rationale behind the whale's longevity seems clear, what is the point of ours? Examining the Jungian concept of the midlife crisis, and the lives of prominent figures who endured it (including Abraham Lincoln and Marie Curie), psychotherapist **Andrew Jamieson** shows how there is an evolutionary purpose behind this rite of passage which — once traversed — holds the key to our prosperity.

Categories: Popular Psychotherapy / Popular Philosophy / Popular Science Publication date: May 10, 2022 Pages: 192

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## BEAUTIFUL AND IMPOSSIBLE THINGS: Oscar Wilde

Introduced by Gyles Brandreth



This collection of essays by **Oscar Wilde** (1854–1900) demonstrates the varied aspects of his genius. Compiled from his lecture tours, newspaper articles, essays and epigrams, this anthology includes essays on interior design, prison reform, Shakespeare, the dramatic dialogue *Decay of Lying*, and the seminal *Soul of Man*. Introduced by the patron of the Oscar Wilde Society, Gyles Brandreth.

Categories: *Literary Anthology* Publication date: *July* 1, 2018

on callon date: july 1, 2016

Pages: 228

ISBN Hardback: 9781910749067

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#### WHAT WE TALK ABOUT WHEN WE TALK ABOUT CRIME

Jennifer Fleetwood



In this fascinating book, British criminologist Jennifer Fleetwood examines a number of well-known 'crimes' which are known to us via a public, first-person account to try to make sense of the social, political and cultural consequences that this confessional impulse has on our lives. From the Newgate Prison confessions to holocaust testimonies to the backlash that resulted from 'ISIS bride' Shamima Begum's 2019 testimony in *The Times*, Fleetwood invites us to think differently about personal stories about crime.

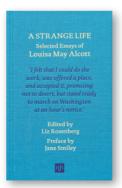
Categories: Popular Criminology / True Crime / Popular Sociology Publication date: September 3, 2024 Pages: 152

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#### A STRANGE LIFE: Selected Essays of Louisa May Alcott

Edited and Introduced by Liz Rosenberg, Preface by Jane Smiley



Best known as the author of *Little Women*, **Louisa May Alcott** was also a noted essayist who wrote on a wide range of subjects, including her experience as a young woman sent to work in service to alleviate her family's poverty and of being an army nurse during the American Civil War. As with her famous novel, Alcott writes these essays with clear observation, unforgettable scenes and one of the sharpest wits in American literature.

Categories: Literary Essays / Memoir / Literary Anthology / Gift Publication Date: October 26, 2023 Pages: 168

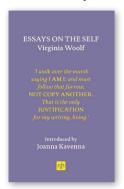
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Classic Collection Classic Collection

#### ESSAYS ON THE SELF: Virginia Woolf

Introduced by Joanna Kavenna



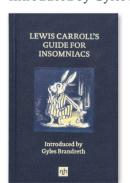
In these essays Virginia Woolf explores the nature of the finite self ('Who am I?' 'Who is everybody else?') and how individual experience might be relayed. Throughout these thirteen essays, selected and introduced by Joanna Kavenna, Woolf celebrates the urgency of the present. She discusses the rights of women, social inequality, and the agony of war. Trust yourself, Woolf suggests. Live within the beauty and strangeness of ordinary life.

Categories: Literary Anthology Publication date: January 1, 2014 ISBN Hardback: 9781907903922

RRP: £14.99

Pages: 184

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Categories: Literary Gift / Puzzles /

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Publication date: March 7, 2024

Pages: 96

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Introduced by Frank Cottrell-Boyce



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Introduced by the prize-winning children's author Frank Cottrell-Boyce.

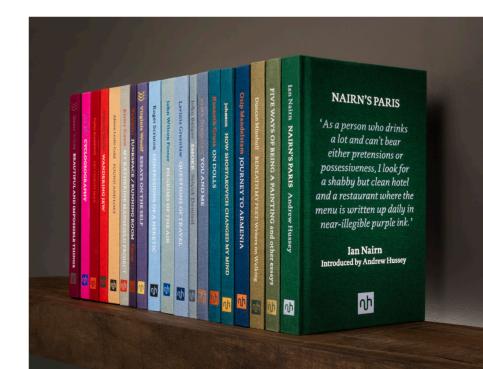
Categories: Literary Anthology

Publication date: October 20, 2020

Pages: 180

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